U.S. Eating Disorders Treatment Referral Guide

A comprehensive guide to eating disorder treatment centers throughout the country



The Alliance for Eating Disorders Awareness

help. support. recovery.



A SPECIALTY HOSPITAL
SYSTEM FOR THE TREATMENT
OF EATING DISORDERS

Announcing Two New Locations Opening in 2016





Durham, NC

Ages 18+

Inpatient, Acute Residential, Partial Hospitalization & Intensive Outpatient

A new specialty hospital for adults with eating disorder diagnoses in a gender-diverse and inclusive environment

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Ages 10+

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A new facility specialized for the treatment of persons with eating disorder diagnoses in a gender-diverse and inclusive environment

Veritas Collaborative continues to provide specialized eating disorders treatment for children and adolescents (ages 10-19) in its inaugural hospital in Durham, NC

Inpatient, Acute Residential, Partial Hospitalization & Intensive Outpatient

TOLL FREE: 855-875-5812 · veritascollaborative.com

About The Guide

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www.allianceforeatingdisorders.com

The U.S. Eating Disorders Treatment Referral Guide

Welcome to the 4th edition of the U.S. Eating Disorders Treatment Referral Guide developed by The Alliance for Eating Disorders Awareness. The goal of The Guide is to provide access to care for those who are struggling with an eating disorder and to provide referrals to treatment centers that specialize in eating disorders.

The Guide begins with information regarding Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorder, Other Specified Feeding or Eating Disorders, and Avoidant/ Restrictive Food Intake Disorder. The next section includes information for loved ones, males and eating disorders. levels of care and what questions to ask a potential program, suggested reading, and a list of helpful eating disorder organizations and websites. In the following section, you will find a list of Inpatient, Residential, Day/Partial Hospitalization. Intensive Outpatient, and Transitional Living treatment programs throughout the country. The centers are listed in alphabetical order by city, within each state. Last, you will find information about The Guide's generous supporters. Please feel free to make copies of the information included in The Guide for education, outreach, and/or to share with anyone who needs it.

Founded in October 2000, The Alliance is a non-profit organization that is dedicated to providing programs and activities aimed at the outreach, education, and early intervention of all eating disorders.

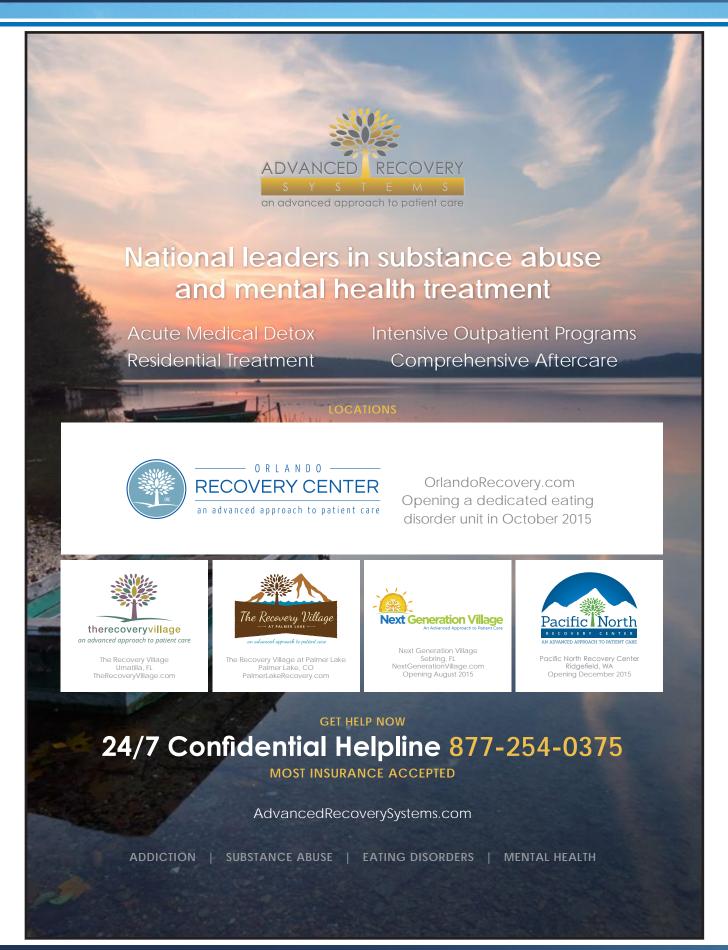
For information on eating disorders, treatment, and/or the organization, please contact us at 866.662.1235 or www. allianceforeatingdisorders.com.

This directory of treatment providers was compiled as a resource for use by those seeking treatment of eating disorders.

This directory does not imply endorsement of the treatment providers listed. The accuracy of any information in this directory is the responsibility of each treatment provider – as they submit their information for inclusion in this guide. Referral information is supplied solely by the facilities themselves and is not checked or warranted by The Alliance for Eating Disorders Awareness. The Alliance for Eating Disorders Awareness offers the Referral List as a resource for treatment; however, we do not pre-screen or pre-evaluate providers in any way before they are put on the list. Anyone using this resource is solely responsible for interviewing and selecting a provider.

The Alliance for Eating Disorders Awareness does not recommend or endorse any of the treatment centers listed in the guide.

The U.S. EATING DISORDERS TREATMENT REFERRAL GUIDE Volume 4, September 15, 2015 is published annually by The Alliance for Eating Disorders Awareness, 1649 Forum Place #2, West Palm Beach, FL.



M About The Alliance

THE ALLIANCE FOR EATING **DISORDERS AWARENESS**

The Alliance for Eating Disorders Awareness ("The Alliance") is a nonprofit organization dedicated to providing programs and activities aimed at outreach, education, and early intervention for all eating disorders. Founded in October 2000. The Alliance has worked tirelessly to raise awareness, eliminate stigma, promote access to care and support for those susceptible to, currently struggling with, and recovered from eating disorders. The Alliance creates a bridge for those needing and seeking help by connecting people with resources and information to assist them in their recovery.

The Alliance offers educational workshops and presentations, free support groups for those strugaling and for their loved ones. advocacy for eating disorders and mental health legislation, national toll-free phone help line, and referrals, support and mentoring services. All services offered by The Alliance are free-of-charge, therefore, making it accessible to everyone. Since its inception in October 2000, The Alliance has offered presentations on eating disorders, positive body image, and self-esteem to more than 235,000 individuals throughout Florida and nationwide.

advocacy

The Alliance is committed to the improvement of education, outreach, research, early intervention, and treatment of eating disorders. Regular trips to Washington D.C. and state capitols, letter writing campaigns, phone calls/emails, and training of other advocates are all ways in which The Alliance acts as a voice for change.

community education

The Alliance is committed to increasing education and awareness through educational presentations at public/ private middle schools, high schools, colleges, graduate programs, social service agencies, youth groups, healthcare programs, etc.

professional training

The Alliance provides professional CEU seminars and workshops, free of charge, to educators, religious and youth group leaders, community agencies, and healthcare personnel to create awareness of the warning signs. symptoms, dangers, and resources for early intervention and treating eating disorders.

training for healthcare providers

The "Essential Training on Identification and Treatment of Eating Disorders for Healthcare Providers" program provides healthcare professionals with the latest information about eating disorders. This presentation includes continuing education credits, and training for professionals specific to their area of expertise, all at their place of business. This presentation educates providers how to properly screen for, assess, diagnosis, and refer eating disorders.

referrals

The Alliance creates a bridge for those needing and seeking treatment by connecting people with resources and information to assist them in their recovery. A major component of our referral service is the design, printing, and distribution of the Florida and U.S. Eating Disorders Treatment Referral Guides.

What is an Eating Disorder?

Eating disorders involve serious disturbances in eating behaviors, such as extreme and unhealthy reduction of food intake or severe overeating, as well as feelings of extreme concern about body shape or weight. Eating disorders do not discriminate between gender, class, race, or age – no one is immune. Eating disorders include Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorder, Other Specified Feeding or Eating Disorder (OSFED), and Avoidant / Restrictive Food Intake Disorder (ARFID).

Eating Disorders are complex biopsychosocial illnesses, with a strong genetic component that makes up about 60% of the contributing factors. However, genes alone do not predict who will develop eating disorders.

Anorexia

Anorexia Nervosa is characterized as self-induced starvation resulting in low body weight. Individuals who are battling Anorexia fear weight gain and /or engage in persistent behaviors to avoid weight gain, even though they are actually underweight. They encounter disturbances in the experience of body weight and/or shape.

Bulimia

Bulimia Nervosa is characterized as bingeing (excessive or compulsive consumption of food) and purging (getting rid of food). Symptoms may include repeated episodes of bingeing and purging, eating beyond the point of fullness, feeling out of control during a binge, inappropriate compensatory behaviors following a binge, frequent dieting, and extreme concern with body weight and /or shape.

Binge Eating Disorder (BED)

Binge Eating Disorder is characterized as recurring episodes of eating significantly more food in a short period of time than most people would eat under similar circumstances, with episodes marked by feelings of lack of control. This disorder is associated with marked distress and occurs, on average, at least once a week over three months.



4 out of 10 Americans have either suffered, or have known someone who has suffered, from an eating disorder

Avoidant/Restrictive Food Intake Disorder (ARFID)

Avoidant / Restrictive Food Intake Disorder (ARFID) is characterized as a clinically significant disturbance with eating / food; however these symptoms do not match the criteria for traditional eating disorder diagnoses. Examples of ARFID include: an apparent lack of interest in eating or food, food avoidance based on sensory characteristics, or concern about adverse consequences of eating.

Other Specified Feeding and Eating Disorders (OSFED)

Other Specified Feeding and Eating Disorders (OSFED) are characterized as disturbances in eating behavior that do not meet all criteria for anorexia, bulimia, or binge eating disorder. It is a common eating disorder diagnosis. Examples of OSFED include: atypical anorexia nervosa, purging disorder, and nighteating syndrome. Warning signs and related medical/psychological conditions of OSFED are similar to, and just as severe as, those for the other eating disorders.

Getting Help

If you think you or someone you know is battling an eating disorder, please do not deny that a problem exists. Seek specialized, professional help as soon as possible. Learn about eating disorders. Do not be afraid to talk to someone about it.

For more information please log on to www.allianceforeatingdisorders.com

What is Anorexia?

ANOREXIA NERVOSA

is an eating disorder characterized as self-induced starvation and excessive weight loss. According to Dr. Thomas Insel, Director of National Institute of Mental Health, "Research tells us that Anorexia is a brain disease with severe metabolic effects on the entire body." While Anorexia is the third most common chronic illness among adolescents, eating disorders do not discriminate between age, sex, race, class, or sexual orientation — no one is immune.

Signs and Symptoms

may include

- Significant weight loss/low body weight
- Distorted body image
- Fear of, or behavior interfering with, weight gain
- Preoccupation with weight, calories, food, etc.
- Feelings of guilt after eating
- Denial of severity of low weight
- High levels of anxiety and/or depression
- Low self-esteem
- Self-injury
- Social isolation
- Excuses for not eating/denial of hunger
- Food rituals
- Intense, dramatic mood swings
- Pale appearance/yellowish skin-tone
- Thin, dull, and dry hair, skin, and nails
- Cold intolerance/hypothermia
- Fatique/dizziness/fainting
- Abuse of laxatives, diet pills, or diuretics
- Excessive and compulsive exercise
- Control issues
- Sleep difficulties



Anorexia has the highest mortality rate among all psychological disorders

Health Complications

may include

- Low blood pressure
- Anemia (iron deficiency)
- Poor circulation in extremities
- Gastrointestinal problems: constipation and/or bloating
- Muscle loss and weakness
- Abnormally slow and/or irregular heartbeat
- Irregular menstruation or Amenorrhea
- Heart damage
- Weak or brittle bones/osteoporosis
- Dehydration/kidney failure
- Edema (swelling)
- Memory loss/disorientation
- Growth of fine, downy hair (lanugo)
- Decreased growth hormone which may lead to delayed physical maturation
- Decreased estrogen/testosterone/thyroid hormone
- Infertility
- Electrolyte imbalance
- Seizures

For More Information

For more information about Anorexia, please log on to www.allianceforeatingdisorders.com

What is Bulimia?

BULIMIA NERVOSA

is an eating disorder characterized as bingeing (excessive or compulsive consumption of food) and purging (getting rid of food). Symptoms may include repeated episodes of bingeing and purging, eating beyond the point of fullness, feeling out of control during a binge, inappropriate compensatory behaviors following a binge, frequent dieting, and extreme concern with body weight and shape. Compensatory behavior associated with Bulimia Nervosa may include self-induced vomiting, compulsive over-exercise, and misuse of laxatives, diuretics, and/or diet pills.

Signs and Symptoms

may include

- Bingeing and purging
- Lack of control over eating
- Secretive eating and/or missing food
- Visits to the bathroom after meals
- Preoccupation with food
- Weight fluctuations
- Self-injury
- Excessive and compulsive exercise regimes despite fatigue, illness, or injury
- Abuse of laxatives, diet pills, and/or diuretics
- Swollen parotid glands in cheeks and neck
- Discoloration and/or staining of the teeth
- Broken blood vessels in eves and/or face
- Calluses on the back of the hands/knuckles from self-induced vomiting
- Sore throat
- Heartburn/acid reflux
- Feelings of shame and guilt
- Self-criticism and low self-esteem
- High levels of anxiety and/or depression
- Social isolation



People struggling with bulimia nervosa are usually of average body weight

Health Complications

may include

- Fatigue and lack of energy
- Anemia
- Irregular menstruation or Amenorrhea
- Low blood pressure
- **Dizziness**
- Edema (swelling of hands and feet)
- Dehydration
- Gastric rupture
- Inflammation and possible rupture of the esophagus
- Development of peptic ulcers
- Pancreatitis (inflammation of the pancreas)
- Stomach pain and bloating
- Constipation and diarrhea
- Cathartic colon (caused from laxative abuse)
- Hemorrhoids
- Tooth decay/gum disease
- Kidney and liver damage
- Electrolyte imbalances that can lead to irregular heartbeat and seizures
- Cardiac arrest

For More Information

For more information about Bulimia, please log on to www.allianceforeatingdisorders.com

What is Binge Eating Disorder?

BINGE EATING DISORDER ("BED")

is characterized as recurring and persistent episodes of binge eating instances that include three or more of the following: eating extremely fast, eating beyond feeling full, eating large amounts of food when not hungry, eating alone to hide how much one is eating, and/or feeling guilt/shame after a binge. Individuals with BED feel that their eating is out of control during a binge. That feeling of not being in control can be either the inability to keep from eating or the inability to stop eating once a binge eating episode has begun. The binge eating occurs at least weekly for three months. Overall, individuals feel significant distress about their binge eating.

BED is the most common eating disorder among U.S. adults and is more than twice as prevalent as Bulimia Nervosa and Anorexia Nervosa combined. BED affects both women and men and occurs at a similar rate across all races and socioeconomic statuses. Individuals with BED do not show the regular compensatory behavior associated with Bulimia Nervosa.

Signs and Symptoms

may include

- Eating large quantities of food
- Sense of lack of control over eating
- Eating until uncomfortably/painfully full
- Weight gain/fluctuations
- Feelings of shame, guilt, embarrassment, and disgust
- Self-medicating with food
- Eating alone/secretive eating
- Hiding food
- · High levels of anxiety and/or depression
- Low self-esteem
- Social isolation
- Lack of compensatory behaviors



Binge Eating Disorder is the most common eating disorder in the U.S.

Health Complications

may include

- Overweight or obese
- Type II Diabetes
- Osteoarthritis
- Certain cancers
- PCOS (Polycystic Ovary Syndrome)
- Lipid abnormalities (Including increased cholesterol)
- High blood pressure
- Chronic kidney problems
- · Gastrointestinal problems/gastric rupture
- Heart disease
- Gallbladder disease
- Joint and muscle pain
- Sleep apnea

For More Information

For more information about Binge Eating Disorder, please log on to

www.allianceforeatingdisorders.com www.bedaonline.com

What are OSFED and ARFID?

Other Specified Feeding and Eating Disorders ("OSFED")

are characterized as disturbances in eating behavior that do not meet all criteria for Anorexia, Bulimia, or Binge Eating Disorder. It is a common eating disorder diagnosis. Examples of OSFED include: Atypical Anorexia Nervosa, Purging Disorder, and Night-Eating Syndrome.

Signs and Symptoms

may include

Warning signs and related medical/psychological conditions of OSFED are similar to, and just as severe as, those for the other eating disorders.

Atypical Anorexia: All criteria for AN is met, except significant weight loss.

Bulimia (of low frequency and/or limited duration): All criteria for BN is met, except that binge eating and compensatory behaviors occur less frequently.

Binge Eating Disorder (of low frequency and/or limited duration): All criteria for BED is met, except that bingeing occurs less frequently.

Purging Disorder: Recurrent purging behaviors in the absence of binge eating.

Night Eating Syndrome: Recurrent episodes of night eating, as manifested by eating after awakening from sleep or by excessive food consumption after the evening meal. There is awareness and recall of the eating.

Health Complications

Health complications of OSFED may include those associated with Anorexia Nervosa, Bulimia Nervosa, and/or Binge Eating Disorder.

Avoidant/Restrictive Food Intake Disorder ("ARFID")

is characterized as a clinically significant disturbance with eating/food; however, these symptoms do not match the criteria for traditional eating disorder diagnoses. Examples of ARFID include: an apparent lack of interest in eating or food, food avoidance based on sensory characteristics, or concern about adverse consequences of eating. Symptoms of ARFID typically show up in infancy or childhood, but they may also be present or persist into adulthood.

Signs and Symptoms

- Significant weight loss not due to preoccupation with weight and/or size
- Difficulty digesting certain foods
- Food neophobia
- Fear of/aversion to certain colors and/or textures
- Persistent failure to meet appropriate nutritional and/or energy needs
- Lack of interest in food
- Social isolation
- High levels of anxiety and/or depression
- Avoidance of certain foods due to frightening episode of choking or vomiting

Health Complications

may include

- Decreased growth hormone which may lead to delayed physical maturation
- Significant nutritional deficiency
- Dependence on enteral feeding or oral nutritional supplements

For Males

Misconceptions about eating disorders being a "female" disease often perpetuate strong feelings of shame in males about having an eating disorder. This shame may result in denial of the eating disorder and/or reluctance to seek treatment. Eating disorders are clinically similar in both genders, but differ in some gender-specific aspects. In comparison to females, males tend to be more concerned with body size, specifically with building muscle, than with weight loss.

Male eating disorders are on the rise, and the numbers are increasing rapidly. A 2007 study by Harvard Medical School found that 25% (not the traditionally stated 10-15%) of study participants with Anorexia and Bulimia were male. An estimated 40% of those with Binge Eating Disorder are male.

Common Traits may include

- Low self-esteem
- Perfectionistic attitude
- Over-achievement/high expectations
- Avoidance of conflict
- Need for control
- Feelings of worthlessness
- Feelings of self-loathing
- Need for acceptance
- Difficultly expressing emotions
- High levels of anxiety and/or depression

Contributing Factors may include

- Being overweight or obese as a child
- Being abused/bullied as a child
- Participating in weight-oriented sports such as wrestling, horse jockeying, or football
- Gender identity
- Co-morbidity with other disorders
- History of dieting

For more information on Males and Eating Disorders

www.NAMEDinc.org **877-780-0080**

Muscle Dysmorphia

Muscle Dysmorphia is a disorder that causes a person to obsess and/or worry about being too small, underdeveloped, and/or underweight. Typically those with Muscle Dysmorphia are not frail or underdeveloped at all, and actually have large muscle mass. They obsess about having the perfect physique and believe their muscles are inadequate.

This disorder is a form of Body Dysmorphic Disorder and is related to Obsessive-Compulsive Disorder. Those with Muscle Dysmorphia constantly obsess over their imperfections, further distorting their self perception. This can significantly impair the person's mood, often causing depression or other emotional distress. Feelings of inadequacy can affect many areas of their life.

Warning Signs of Muscle Dysmorphia may include

- Distorted self-image
- Missing social events, skipping work, and cancelling plans in order to work out
- Never being satisfied with one's muscle mass
- Working out despite an injury
- Maintaining extreme workout methods
- Maintaining a strict, high-protein and low-fat diet
- Using excessive amounts of supplements
- Steroid abuse, unnecessary plastic surgery, and even suicide attempts

For Loved Ones

Eating disorders affect not only the individual who is suffering, but also those around them. Loved ones desperately want to help their friend/family member, but often anything they say will be met with anger, frustration, denial, or avoidance. Do Not Deny a Problem Exists!

It can be difficult to believe a loved one is capable of hurting themselves by means of an eating disorder. If your loved one displays signs and symptoms from the previous pages, seek help immediately. Early intervention greatly increases the likelihood of recovery.

It is also important that you, the family and friends of someone going through an eating disorder, get help and support for yourselves. Please consider attending family therapy and/or a family and friends support group. It is crucial that you maintain your physical and emotional health so you can help your loved one when he/she needs you.

How to Help a Loved One

Do

- Learn about eating disorders (See pg. 13 for suggested reading)
- Find an appropriate time and place to talk to the individual in private
- Communicate your concerns using "I" statements
- Stress the importance of professional, specialized help
- Be compassionate and be mindful of your words and actions
- Express your continued support
- Validate your loved one's feelings, struggles, and accomplishments
- Ask what your loved one needs from you and how you can support them
- Take care of your own mental, physical, and emotional health

Don't

- Don't be scared
- Don't engage in a power struggle and/or try to force the individual to eat or not eat
- Don't bring up stressful topics during mealtime
- Don't attempt to solve or fix their problems
- Don't blame yourself or your loved one
- Don't comment on calorie/food intake, weight, appearance, etc., even in a positive way
- Don't expect recovery to be perfect
- Don't promise to keep it a secret

Please Remember CPR



- You didn't CAUSE it.
- You can't **CONTROL** it.
- You can't CURE it.
- You can learn how **NOT** to CONTRIBUTE to it.
- You need to learn how to COPE with it.
- Take **CARE** of yourself.



- Avoid **PANIC**. It prohibits clear thinking and calm reactions.
- Recovery is a **PROCESS**. Two steps forward and one backwards.
- PROGRESS. not PERFECTION. is the goal. **PATIENCE** is critical.



- **RESPOND** instead of **REACT**.
- **REMEMBER** to listen.
- **REFLECT** and **REASON** before you speak.
- **RECOVERY** is a iournev. a long **ROAD** that may include RELAPSE.
- **REACH** out to others for love and support.

For Loved Ones

If Your Loved One is in Recovery

- 1. Validation and Compassion are key! Validate their fears and struggles without judgment.
- 2. Be willing to adapt to changes in a recovery plan.
- 3. Have the ability to incorporate love and fun into the recovery process recovery free time.
- 4. Focus on the person, not the eating disorder. They are not their eating disorder.
- 5. Remind your loved one that they are not alone—be inclusive not exclusive.
- 6. You don't need to fully understand the disease, but be there and be present—what your loved one is going through is real!
- 7. Understand that the eating disorder did not happen overnight, nor will recovery. Progress, not perfection, is key.
- 8. There is no "perfect" recovery—people recover to life, not utopia.
- 9. Don't tip-toe around your loved one—be real and honest but not pushy.
- 10. Slips and falls will happen—acknowledge them but don't catastrophize them. Every time they pick themselves up they will get stronger.
- 11. Triggering people, places, and things will emerge—be there for support.
- 12. Ask your loved one what they need from you—be their ally on their journey to recovery.
- 13. YOU are an asset to your loved one's recovery process. You are an expert when it comes to them: don't be afraid to utilize those intuitions.
- 14. Take care of yourself so you can truly take care of your loved one breathe, and keep going.

Teaching Healthy Relationships with Food and Body

- 1. Avoid statements about weight, body shape, and size.
- There are no "good" or "bad" foods. All foods are fine in moderation.
- 3. Model and encourage healthy eating (i.e. not dieting).
- 4. Avoid using food as a reward or a positive reinforcement.
- 5. Focus on the functions of the body, not size or appearance.
- 6. Encourage physical activities for fun and join in them.
- 7. Compliment loved ones on their talents, accomplishments, intelligence, and values.
- Teach your loved one to listen to their own hunger. Encourage eating when they are hungry and stopping when they are full.
- 9. Talk about unrealistic media images and messages.
- 10. Encourage an open line of communication between you and your loved one.

Suggested Reading

100 Questions and Answers About ED Carolyn Costin, MA, MED, MFCC

Brave Girl Eating Harriet Brown

Eating with Your Anorexic Laura Collins

Father Hunger Margo Maine, PHD

Help Your Teenager Beat an ED

James Lock, MD, Daniel Le Grange, PhD

Just Tell Her To Stop **Becky Henry**

Life Beyond Your Eating Disorder

Johanna S. Kandel

Parent's Guide to Eating Disorders

Marcia Herrin, EDD, MPH, RD & Nancy Matsumoto

Surviving an Eating Disorder

Michelle Siegel, PHD, Judith Brisman, PHD and Margot Weinshel, PHD

Why She Feels Fat Johanna McShane, PHD & Tony Paulson, PHD

For Online **Facebook Support:**

Mothers Against Eating Disorders

F.E.A.S.T. - Families **Empowered** and Supporting Treatment of Eating Disorders

Levels of Care / What to Ask

Levels of Care

OUTPATIENT: Outpatient care is often where the treatment process begins. The patient lives at home and attends hourly sessions in their providers' offices. The outpatient treatment team may consist of a psychologist/therapist, nutritionist, physician, psychiatrist, and family therapist. It is very important that all members of the treatment team are knowledgeable about and specialized in the treatment of eating disorders.

INTENSIVE OUTPATIENT: The next level of care is an intensive outpatient program (IOP). IOP will typically occur in a specialized setting (i.e. treatment center, hospital, etc.). Clients will typically attend two or three days a week, at least three hours each time. IOP will allow the client to continue working or attending school while in treatment. The client will have access to many services in one location, generally including individual therapy, nutritional therapy, family therapy, group counseling, art therapy, and more.

DAY TREATMENT/PARTIAL HOSPITALIZATION: More comprehensive and concentrated than IOP. Day Treatment/ Partial Hospitalization is the next level of treatment available. These programs are usually held five days week, six to eight hours a day. The client will return home to sleep at night. These programs offer individual therapy, nutritional therapy, family therapy, group counseling, art therapy, and more. One or two structured/supported meals are usually included.

RESIDENTIAL: Residential treatment provides 24-hour care/supervision for those who are medically stable but are engaging in eating disorder behaviors. Intensive supervision and support are needed to help the patient stop his/her eating disorder behaviors (i.e. self-induced vomiting, restrictive eating, compulsive exercise, etc.). Daily self-reflection activities along with individual, family, and group therapy are provided. encouraging increasing self-responsibility for recovery. Residential treatment programs may be located in medical hospitals or exist separately on home-like grounds or estates.

INPATIENT: Inpatient treatment is for those individuals who are medically unstable and/or in significant physical danger. The person needing inpatient care cannot be treated safely without the availability of immediate medical intervention. The intention is to provide a structured setting with the necessary intensive treatment required to deal with dangerous behaviors while also providing medical management. Inpatient treatment provides 24-hour care in a medical or psychiatric unit which is designed to handle medical complications, begin weight restoration, respond to other self-destructive behaviors, and begin psychological intervention.

Questions to ask a potential program:

- 1. What is the average length of stay at your program?
- 2. What is the number of patients your program can accommodate?
- 3. If applicable, how many males are currently in your program?
- 4. What is the age range of your current population?
- 5. How many individual sessions (i.e. therapy, nutritionist, psychiatrist) do you provide per week? What does an average day look like?
- 6. What is your treatment model/What are your therapeutic approaches?
- 7. What is your food philosophy (culinary program)?
- 8. How do you determine what treatment regimen I need?
- If applicable, how do you work with co-morbid diagnoses?
- 10. Are family members included and if so, how?
- 11. What are your goals for treatment? What is your recovery philosophy?
- 12. Is there a religious or spiritual aspect to your treatment program?
- 13. What academic arrangements do you make for school-age patients?
- 14. Does your program accept medically unstable patients?
- 15. What are the fees for treatment?
- 16. Do you take insurance? Which plans? Do you accept Medicare or Medicaid?
- 17. What if I do not have insurance or mental health benefits under my health care plan? Do you offer any private pay discounts and/or scholarships?
- 18. What medical information do you need? Will I need a medical evaluation before entering your
- 19. What criteria do you use for discharge?
- 20. What is your step-down process from treatment? Do you help establish an outside treatment team?

Suggested Reading

General Eating Disorders

8 Keys to Recovery from an Eating Disorder Carolyn Costin & Gwen Schubert Grabb

Body Wars Margo Maine, PHD

Eating in the Light of the Moon Anita Johnston, PHD

Goodbye ED, Hello Me! Jenni Schaefer

Healing Your Hungry Heart Joanna Poppink, MFT

Hope, Help, and Healing for Eating **Disorders**

Gregory L. Jantz, PHD

Intuitive Eating Evelyn Tribole, MS, RD & Elyse Resch, RD, CEDRD

Life Beyond Your Eating Disorder Johanna S. Kandel

Life Without ED Jenni Schaefer

Making Weight Arnold Anderson, MD, Leigh Cohn, MAT, & Thomas Holbrook, MD

Man Up to Eating Disorders Andrew Walen, LČSW-C

Midlife Eating Disorders Cynthia Bulik, PHD

Regaining Your Self Ira M. Sacker, MD & Sheila Buff

Restoring Our Bodies, Reclaiming Our Lives Aimee Liu

Shattered Image Brian Cuban

The Body Image Workbook Thomas Cash, PHD

Women Food and God Geneen Roth

Books available at: Gürze-Salucore Eating Disorders Resource Catalogue www.edcatalogue.com

Anorexia

Anorexia: A Guide to Recovery Lindsey Hall & Monika Ostroff, LICSW

Anatomy of Anorexia Steven Levenkron, PHD

Beating Ana Shannon Cutts

Decoding Anorexia Carrie Arnold

Bulimia

Andrea's Voice... Silenced by Bulimia Doris Smeltzer with Andrea Lynn Smeltzer

Bulimia: A Guide to Recovery Lindsey Hall & Leigh Cohn

Bulimia: A Guide for Family and Friends Roberta Sherman, PHD & Ron Thompson, PHD

Overcoming Bulimia Workbook Randi McCabe, PHD, Traci McFarlane, PHD, & Marion Olmsted, PHD

Binge Eating Disorder

Binge Eating and Compulsive Overeating Workbook Carolyn Coker Ross, MD, MPH

Break Free From Emotional Eating Geneen Roth

Crave: Why You Binge Eat and How to Stop Cynthia M. Bulik, PHD

End Emotional Eating Jennifer Taitz, PSYD

Food: The Good Girl's Drug Sunny Sea Gold

Overcoming Binge Eating Dr. Christopher Fairburn

Overcoming Overeating Jane R. Hirschman & Carol H. Hunter

The Alliance for Eating Disorders Awareness does not recommend or endorse any of the books listed above.

Organizations & Websites

About Face

about-face.org **2** 415-839-6779

Academy for Eating Disorders

aedweb.org **703-234-4079**

Alliance for Eating Disorders Awareness

allianceforeatingdisorders.com **866-662-1235**

Andrea's Voice Foundation andreasvoice.org

Association of Professionals Treating Eating Disorders

aptedsf.com **774-993-8034**

Avalon Hills Foundation

avalonhillsfoundation.org **435-938-6030**

Beyond Hunger

beyondhunger.org **415-459-2270**

Binge Eating Disorder Association

bedaonline.com **855-855-2332**

Columbia River Eating Disorder Network

credn.org

Community Outreach for **Prevention of Eating Disorders**

cope-ecf.ora

Diabulimia Hotline

diabulimiahelpline.org **425-985-3635**

Eating Disorder Foundation eatingdisorderfoundation.org

2 303-322-3373

Eating Disorder Hope

eatingdisorderhope.com **800-986-4160**

Eating Disorder Network of Central Florida

edncf.ora

Eating Disorder Network of Maryland

ednmaryland.org **2** 443-377-1266 **Eating Disorder Recovery** Support

edrs.net

855-588-3377

Eating Disorders Anonymous eatingdisordersanonymous.org

Eating Disorders Coalition of Arkansas

edcofar.org

Eating Disorders Coalition of Iowa

edciowa.com

Eating Disorders Coalition for Research, Policy and Action eatingdisorderscoalition.org

202-543-9570

Eating Disorders Coalition of Tennessee

edct.net

615-831-9838

Eating Disorders Information Network

myedin.org

404-465-3385

Eating Disorders Referral and Information

edreferral.com

Eating Disorders Resource Center

edrcsv.ora

2 408-356-1212

The Elisa Project

theelisaproject.org **866-837-1999**

Emily Program Foundation emilyprogramfoundation.org

651-379-6134

FEAST: Families Empowered and Supporting Treatment of **Eating Disorders**

feast-ed.org

® 855-503-3278

Featherweight Inc.

featherweightinc.com

Finding Balance

findingbalance.com **615-599-6948**

FREED Foundation

freedfoundation.org

Global Fund for Eating Disorders

afed.org

HOPE: Helping Other People Eat

hopetolive.com **321-231-0791**

International Association of **Eating Disorders Professionals** iaedp.com

800-800-8126

Joy Project

joyproject.org

Kartini Foundation kartinifoundation.org

Kirsten Haglund Foundation kirstenhaglund.org

KMB for Answers Foundation

kmbforanswers.org

Kristen Watt Foundation

kristenwattfoundation.org **209-462-3889**

Manna Scholarship Fund

mannafund.org 2 770-495-9775, Ext. 107

Maudsley Parents maudsleyparents.org

MCR Foundation

mcrfoundation.com

423-622-2666

Mental Fitness, Inc.

normal-life.org

917-771-4977

MentorCONNECT

mentorconnect-ed.org

Michigan Eating Disorders Alliance

mieda.org

616-957-7700

Mirror Mirror

mirror-mirror.org

Missouri Eating Disorders

Association moeatingdisorders.org

314-591-3341

Moonshadow's Spirit moonshadowsspirit.org **Multi-Service Eating** Disorders Association Inc.

medainc.org **617-558-1881**

National Association of Anorexia Nervosa & Associated Disorders

anad.org 630-577-1330

National Association for Males with Eating Disorders namedinc.org

National Eating Disorders Association

nationaleatingdisorders.org **800-931-2237**

Oklahoma Eating Disorders Association

okeatingdisorders.org **205-418-4448**

Ophelia's Place

opheliasplace.org **315-451-5544**

Overeaters Anonymous

505-891-2664

Project HEAL

theprojectheal.org

Proud2BMe proud2bme.org

800-931-2237 Rewrite Beautiful

rewritebeautiful.org

River Centre Foundation rivercentrefoundation.org

2 419-517-7551

Southern Smash southernsmash.org

T-FFED: Trans Folx Fighting **Eating Disorders**

transfolxfightingeds.org

T.H.E. Center for Disordered Eating

thecenternc.ora **828-337-4685**

Tri-State Eating Disorder Resource Team

edrteam.org

812-584-1086



ONLINE

BE Program

786-427-5323 www.thebeprogram.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adults (Female)
Levels of Care: Online Community
Treatment Modalities: 6 core
principals of The Be Program

Insurance: No

Medicare/Medicaid: No/No

Bright Heart Health, Online

844-884-4474
 www.brighthearthealth.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder, Muscle Dysmorphia

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Online Community
Co-Morbid Diagnosis: Alcoholism,
Anxiety, Trauma, Abuse, Mood
Disorders, Drug Addiction, Depression,
Sexual Addiction, OCD, Self-Injury,
Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Art Therapy,

Family/Couples Insurance: Yes

Medicare/Medicaid: No/No

ALABAMA

A Center For Eating Disorders

P.O. Box #55901 Birmingham, AL 35255 205-933-0041 www.acenterforeatingdisorders.com

Treats: Anorexia, Bulimia, BED,

OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body

Dysmorphic Disorder

Serves: Adolescents 16+ (Female and Male), Adults (Female and Male),

Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism,

Anxiety, Trauma, Abuse, Mood Disorders, Depression, OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/No

The Highlands Treatment Center for Eating Disorders

2807 Greystone Commercial Blvd, Ste. #36

Birmingham, AL 35242 877-749-8190

www.thehighlandstc.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents 16+ (Female and Male), Adults (Female and Male),

Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression

Disorders, Drug Addiction, Depression, OCD, Self-Injury, Personality Disorders, PTSD

Treatment Modalities: Individual, Group, Nutritional, Family/Couples, Medical, Expressive, Life Coaching

Insurance: Yes

Medicare/Medicaid: No/No

Magnolia Creek Treatment Center For Women

645 Crenshaw Road Columbiana, AL 35051 © 205-678-4373 www.magnolia-creek.com

Treats: Anorexia, Bulimia, BED,

OSFED, ARFID, Pica Serves: Adults (Female)

Levels of Care: Residential, Day
Treatment/Partial Hospitalization
Co-Morbid Diagnosis: Alcoholism,
Anxiety, Mood Disorders, Drug
Addiction, Depression, OCD,
Personality Disorders, PTSD
Treatment Modalities: Individual,
Group, Nutritional, PsychoPharmacology, Art Therapy, Family/

Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement

Insurance: Yes

Medicare/Medicaid: No/No

ARIZONA

Doorways, LLC

Treats: Anorexia, Bulimia, BED, OSFED, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults

(Female and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders, ADHD, Social Phobia

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Movement, Mindfulness, Yoga

oya

Insurance: Yes

Medicare/Medicaid: No/No

Healthy Futures

8065 N 85th Way Scottsdale, AZ 85258 **28** 480-451-8500 www.HealthyFuturesAZ.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Anxiety. Trauma, Abuse, Mood Disorders, Depression, OCD, Self-Injury Treatment Modalities: Individual, Group, Nutritional, Family/Couples, Exercise, Movement, Art Therapy Insurance: Yes

Medicare/Medicaid: No/No

Desert Milagros

3438 N Country Club Road Tucson, AZ 85716 **2** 520-531-1040 www.desertmilagros.net

Treats: Anorexia, Bulimia, BED, OSFED, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children 10+ (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/ Couples, Exercise, Movement, Equine, Neurofeedback

Insurance: Yes

Medicare/Medicaid: No/No

Mirasol Recovery Centers

2954 N Campbell Avenue, Ste. #157 Tucson, AZ 85719 **2** 520-546-3200 www.mirasol.net

Treats: Anorexia, Bulimia, BED, OSFED, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female), Seniors (Female) Levels of Care: Inpatient, Residential, Day Treatment/Partial Hospitalization, Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, **PTSD**

Treatment Modalities: Individual. Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Movement, Psychodrama, Equine, Adventure, Acupuncture, Neurofeedback, Body and Somatic, Spirituality, Zuzi Insurance: Yes

Medicare/Medicaid: No/No

Sierra Tucson

39580 S Lago del Oro Parkway Tucson, AZ 85739 **800-624-5858** www.sierratucson.com

Treats: Anorexia, Bulimia, BED, OSFED, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Residential Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Mood Disorders, Drug Addiction, Depression, Self-Injury,

Chronic Pain, PTSD

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama, Equine, Biofeedback, Reiki, Acupuncture, Shiatsu, Aquatic Therapy

Insurance: Yes

Medicare/Medicaid: No/No

Remuda Ranch at The Meadows

1 E Apache Street Wickenburg, AZ 85390 **866-390-5100** www.remudaranch.com

Treats: Anorexia, Bulimia, BED,

OSFED, ARFID

Serves: Children 9+ (Female),

Adolescents (Female), Adults (Female),

Seniors (Female)

Levels of Care: Inpatient, Residential, Day Treatment/Partial Hospitalization Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Depression, OCD,

Self-Injury, Drug Addiction

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family, Medical, Movement, Equine, Ropes

Course, Experiential Insurance: Yes

Medicare/Medicaid: No/No

Rosewood Centers for Eating Disorders

36075 S Rincon Road Wickenburg, AZ 85390 **800-845-2211** www.rosewoodranch.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Inpatient, Residential. Day Treatment/Partial Hospitalization, Intensive Outpatient, Transitional

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Movement,

Psychodrama, Equine Insurance: Yes

Medicare/Medicaid: No/Yes



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CALIFORNIA

Cielo House: Comprehensive Eating Disorder Treatment

1200 6th Avenue Belmont, CA 94002 № 650-739-6001 www.cielohouse.com

Treats: Anorexia, Bulimia, BED, OSFED, Compulsive Overexercise Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/

Couples, Yoga Insurance: Yes

Medicare/Medicaid: No/No

Center for Anorexia and Bulimia at Herrick Alta Bates Summit Medical Center

2001 Dwight Way
Berkeley, CA 94704

510-204-4405
www.altabatessummit.org/
eatingdisorders

Treats: Anorexia, Bulimia, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children 12+ (Female and Male), Adolescents (Female and Male), Adults (Female and Male)

Levels of Care: Inpatient, Day Treatment/Partial Hospitalization, Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/Yes

Center for Discovery Beverly Hills

Beverly Hills, CA 866-377-9962



www.centerfordiscoverybeverlyhills.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/ Couples, Movement

Insurance: Yes

Medicare/Medicaid: No/No

Susan B. Krevoy Eating Disorders Program

9454 Wilshire Blvd, Penthouse Beverly Hills, CA 90212 310-550-1776 www.drkrevoy.com

Treats: Anorexia, Bulimia, BED, OSFED, Night Eating Syndrome, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, OCD, Self-Injury Treatment Modalities: Individual,

Group, Nutritional, Art Therapy, Family/ Couples. Meditation

Insurance: Yes

Medicare/Medicaid: No/No

Montecatini

2524 La Costa Avenue Carlsbad, CA 92009 760-436-8930



www.montecatinieatingdisorder.com

Treats: Anorexia, Bulimia, BED, OSFED, Orthorexia, Compulsive Overexercise, Body Dysmorphic

Disorder

Serves: Adults (Female)

Levels of Care: Residential, Day Treatment/Partial Hospitalization, Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism, Anxiety, Mood Disorders, Drug Addiction, Depression, OCD, Self-

Injury, Grief

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama, Yoga

Insurance: Yes

Medicare/Medicaid: No/No

Casa Serena Eating Disorders Program

1868 Clayton Road, Ste. #123 Concord, CA 94520 № 925-682-8252 www.casaserenaedp.com

Treats: Anorexia, Bulimia, BED, OSFED, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents 14+ (Female and Male), Adults (Female and Male)
Levels of Care: Intensive Outpatient
Co-Morbid Diagnosis: Alcoholism,
Anxiety, Trauma, Abuse, Mood
Disorders, Drug Addiction, Depression,
OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/ Couples, Exercise, Yoga

Insurance: Yes

Medicare/Medicaid: No/No

The Alliance for Eating Disorders Awareness does not recommend or endorse any of the treatment centers listed in the guide.

Casa Palmera Care Center

14750 El Camino Real Del Mar, CA 92014 **888-481-4481** www.casapalmera.com

Treats: Anorexia, Bulimia, BED, OSFED, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adults (Female and Male) Levels of Care: Residential, Day Treatment/Partial Hospitalization, Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement Insurance: Yes

Medicare/Medicaid: No/No

Center for Discovery Southern California

Downey, CA 90240 **800-760-3934** www.centerfordiscoverydowney.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder Serves: Children (Female and Male), Adolescents (Female and Male) Levels of Care: Residential, Day Treatment/Partial Hospitalization Co-Morbid Diagnosis: Alcoholism,

Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/No

Center for Discovery Fremont

Fremont, CA 94539 **866-377-9962** www.centerfordiscoveryfremont.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adults (Female)

Levels of Care: Residential, Day Treatment/Partial Hospitalization Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury

Treatment Modalities: Individual. Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/No

Center for Discovery Sacramento

Granite Bay, CA 95746 **866-377-9962** www.centerfordiscoverysacramento.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male) Levels of Care: Residential Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/No

Orange County Health & Psychology Associates

62 Discovery, Ste. #100 Irvine, CA 92618 **949-551-4272** www.ochpa.com

Treats: Anorexia, Bulimia, BED, Orthorexia, Compulsive Overexercise **Serves:** Adults (Female and Male) Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression,

OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Medical

Insurance: Yes

Medicare/Medicaid: No/No

The Bella Speranza Residential Healing

La Canada Flintridge, CA **818-585-1775** www.thebellavita.com

Treats: Anorexia, Bulimia, BED, OSFED, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

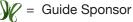
Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Residential Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Psychodrama, Music, Multi-Family, Experiential Insurance: Yes

Medicare/Medicaid: No/No



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Center for Discovery Southern California

La Habra, CA 90631 **28** 866-377-9962 www.centerfordiscoverylahabra.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male) Levels of Care: Residential, Day Treatment/Partial Hospitalization Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/No

Shoreline Center for Eating **Disorder Treatment**

25401 Cabot Road Laguna Hills, CA 92653 **2** 562-434-6007 www.shoreline-eatingdisorders.com

Treats: Anorexia, Bulimia, BED, OSFED, Diabulimia, Orthorexia, Compulsive Overexercise

Serves: Adolescents 13+ (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient, Transitional

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Depression, OCD, Self-Injury, Personality Disorders Treatment Modalities: Individual. Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Movement, Psychodrama, Equine

Insurance: Yes

Medicare/Medicaid: No/No

Rebecca's House

23792 Rock Field Blvd, Ste. #100 Lake Forest, CA 92630 **800-711-2062** www.rebeccashouse.org

Treats: Anorexia, Bulimia, BED, ARFID, Compulsive Overexercise, Orthorexia,

Body Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male) Levels of Care: Residential, Day Treatment/Partial Hospitalization, Intensive Outpatient, Transitional Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama, Equine

Insurance: Yes

Medicare/Medicaid: No/No

Center for Discovery Southern California

Lakewood, CA 90712 **866-377-9962**

www.centerfordiscoverylakewood.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body

Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male) Levels of Care: Residential, Day Treatment/Partial Hospitalization Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/No

Shoreline Center for Eating Disorder Treatment - Satori House

191 Argonne Avenue Long Beach, CA 90803 **562-434-6007** www.shoreline-eatingdisorders.com

Treats: Anorexia, Bulimia, BED, OSFED, Diabulimia, Orthorexia, Compulsive Overexercise

Serves: Adolescents 13+ (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient, Transitional

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Depression, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Movement, Psvchodrama, Equine

Insurance: Yes

Medicare/Medicaid: No/No

Center for Discovery Los Alamitos

Los Alamitos, CA **866-377-9962** www.centerfordiscoverv.com



Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female

and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury,

Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/

Couples, Movement Insurance: Yes

Medicare/Medicaid: No/No

The Healthy Teen Project

919 Fremont Avenue, Ste. #100 Los Altos, CA 94024 **650-941-2300** www.healthyteenproject.com

Treats: Anorexia, Bulimia, BED, OSFED, Diabulimia, Orthorexia, Compulsive Overexercise, Body

Dysmorphic Disorder

Serves: Adolescents (Female) Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient

Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-

Pharmacology, Art Therapy, Family/ Couples, Medical, Movement, Expressive

Insurance: Yes

Medicare/Medicaid: No/No

The Bella Vita

766 Colorado Blvd Los Angeles, CA 90041 **323-255-0400** www.thebellavita.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury Treatment Modalities: Individual. Group, Nutritional, Psycho-

Pharmacology, Art Therapy, Medical, Psychodrama, Music, Multi-Family

Insurance: Yes

Medicare/Medicaid: No/No

Monte Nido & Affiliates' Eating **Disorder Center of California**

Los Angeles, CA **310-457-9958** www.montenido.com

Treats: Anorexia, Bulimia, BED, OSFED, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient, **Transitional**

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury Treatment Modalities: Individual. Group, Nutritional, Psycho-

Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement

Insurance: Yes

Medicare/Medicaid: No/No

Renfrew Center of Los Angeles

12121 Wilshire Blvd, Ste. #601 Los Angeles, CA 90025 **800-736-3739** www.renfrewcenter.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female), Adults

(Female), Seniors (Female)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism,

Anxiety, Trauma, Abuse, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury

Treatment Modalities: Individual. Group, Nutritional, Art Therapy, Family/

Couples **Insurance:** Yes

Medicare/Medicaid: No/No

UCLA Eating Disorders Program

760 Westwood Plaza Los Angeles, CA 90024 **310-825-5730** www.eatingdisorders.ucla.edu

Treats: Anorexia, Bulimia, BED,

OSFED, ARFID

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male)

Levels of Care: Inpatient, Day Treatment/Partial Hospitalization,

Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression,

Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical

Insurance: Yes

Medicare/Medicaid: Yes/No

Monte Nido Treatment Center

23815 Stuart Ranch Road, Ste. #302 Malibu, CA 90265 **310-457-9958** www.montenido.com

Treats: Anorexia, Bulimia, BED, OSFED, Diabulimia, Orthorexia, Compulsive Overexercise, Body

Dysmorphic Disorder

Serves: Adolescents (Female), Adults

(Female), Seniors (Female) Levels of Care: Residential

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury, Sexual Addiction

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement

Insurance: Yes

Medicare/Medicaid: No/No



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Monte Nido Vista Treatment Center

23815 Stuart Ranch Road, Ste. #302 Malibu, CA 90265
310-457-9958
www.montenido.com

Treats: Anorexia, Bulimia, BED, OSFED, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female), Adults

(Female), Seniors (Female)

Levels of Care: Transitional at Bella

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement Insurance: Yes

Medicare/Medicaid: No/No

Center for Discovery Menlo Park

Menlo Park, CA 94025 866-377-9962

www.centerfordiscoverymenlopark.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder **Serves:** Children (Female and Male),

Adolescents (Female and Male)
Levels of Care: Residential, Day
Treatment/Partial Hospitalization
Co-Morbid Diagnosis: Alcoholism,
Anxiety, Trauma, Abuse, Mood
Disorders, Drug Addiction, Depression,
OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/No

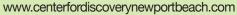
Cielo House: Comprehensive Eating Disorder Treatment

323 Cypress Avenue Moss Beach, CA 94038 © 650-455-9242 www.cielohouse.com

Treats: Anorexia, Bulimia, BED, OSFED, Compulsive Overexercise Serves: Adults (Female and Male), Seniors (Female and Male)
Levels of Care: Residential, Day Treatment/Partial Hospitalization Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury, Personality Disorders Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/Couples, Yoga, Mindfulness Insurance: Yes

Center for Discovery Newport Beach

Medicare/Medicaid: No/No



Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/ Couples. Movement

Insurance: Yes

Medicare/Medicaid: No/No

Castlewood at Monarch Cove

213 Seventeen Mile Drive
Pacific Grove, CA 93950

№ 888-822-8938
www.monarchcovetreatment.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body

Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)
Levels of Care: Residential, Day Treatment/Partial Hospitalization, Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury,

Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/No

Center for Discovery Rancho Palos Verdes

Rancho Palos Verdes, CA 90275

866-406-0166

www.oceanaire-ed.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adults (Female)

Levels of Care: Residential, Day Treatment/Partial Hospitalization Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/

Couples, Exercise, Medical, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/No

Aspire Wellness and Recovery Center

1741 E Roseville Parkway, Ste. #200 Roseville, CA 95661 **916-784-1120** www.aspirewellnesscenter.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male) Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood

Sexual Addiction, OCD, Self-Injury Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Movement, Equine

Disorders, Drug Addiction, Depression,

Insurance: Yes

Medicare/Medicaid: No/No

Eating Recovery Center of California

3610 American River Drive, Ste. #140 Sacramento, CA 95864 **916-574-1000** www.eatingrecoverycenterca.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/

Couples, Exercise, Medical, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/No

Center for Discovery Del Mar

San Diego, CA 92130 **866-377-9962** www.centerfordiscoverydelmar.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adults (Female) Levels of Care: Residential

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression,

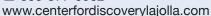
OCD, Self-Injury

Treatment Modalities: Individual. Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama **Insurance:** Yes

Medicare/Medicaid: No/No

Center for Discovery La Jolla

San Diego, CA 92037 **866-377-9962**



Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male) Levels of Care: Residential, Day Treatment/Partial Hospitalization Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury

Treatment Modalities: Individual. Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical. Movement, Psychodrama Insurance: Yes

Medicare/Medicaid: No/No

UCSD Eating Disorders Center for Treatment and Research

4510 Executive Drive, Ste. #315 San Diego, CA 92121 **858-534-8019** www.eatingdisorders.ucsd.edu

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body **Dvsmorphic Disorder**

Serves: Children (Female and Male), Adolescents (Female and Male), Adults

(Female and Male)

Levels of Care: Inpatient, Day Treatment/Partial Hospitalization. Intensive Outpatient, Transitional Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury, Personality Disorders Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Family/Couples, Medical

Insurance: Yes

Medicare/Medicaid: Yes/Yes

Casa Serena Eating Disorders **Program**

3150 California Street, Ste. #6 San Francisco, CA 94115 **2** 415-757-0402 www.casaserenaedp.com

Treats: Anorexia, Bulimia, BED, OSFED, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents 13+ (Female and Male), Adults (Female and Male) **Levels of Care:** Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD. Self-Injury

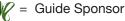
Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/ Couples, Exercise, Yoga

Insurance: Yes

Medicare/Medicaid: No/No



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The Lotus Collaborative San Francisco

1610 Union Street San Francisco, CA 95060 **415-931-3731** www.thelotuscollaborative.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder Serves: Adolescents (Female and Male), Adults (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient, Transitional

Co-Morbid Diagnosis: Anxiety. Trauma, Abuse, Mood Disorders, Depression, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/

Couples, Movement Insurance: Yes

Medicare/Medicaid: No/No

Woodleaf Eating Disorder Center

45 Franklin Street San Francisco, CA 94102 **2** 415-840-0670 www.woodleafeatingdisordercenter.com

Treats: Anorexia, Bulimia, BED, Night

Eating Syndrome

Serves: Adults (Female and Male),

Seniors (Female and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Anxiety, Trauma, Depression, OCD Treatment Modalities: Individual. Group, Nutritional, Psycho-Pharmacology, Family/Couples

Insurance: Yes

Medicare/Medicaid: No/No

Cielo House: Comprehensive **Eating Disorder Treatment**

334 N 2nd Street San Jose, CA 95112 **22** 408-834-0616 www.cielohouse.com

Treats: Anorexia. Bulimia. BED. OSFED, Compulsive Overexercise Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury, Personality Disorders Treatment Modalities: Individual, Group, Nutritional, Psycho-

Pharmacology, Art Therapy, Family/

Couples, Body Image, Yoga

Insurance: Yes

Medicare/Medicaid: No/No

Central Coast Treatment Center

1440 Higuera Street San Luis Obispo, CA 93401 **805-688-5057** www.centralcoasttreatmentcenter.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient, Transitional

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama, Equine

Insurance: Yes

Medicare/Medicaid: No/No

Bright Heart Health, California

San Ramon, CA 94583 **2844-884-4474** www.brighthearthealth.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder, Muscle Dvsmorphia

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/ Couples, Meal Supervision

Insurance: Yes

Medicare/Medicaid: No/No

Central Coast Treatment Center

1025 Castillo Street Santa Barbara, CA 93101 **805-688-5057** www.centralcoasttreatmentcenter.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient, Transitional

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama, Equine

Insurance: Yes

Medicare/Medicaid: No/No

The Lotus Collaborative

701 Mission Street Santa Cruz, CA 95060 **831-600-7103** www.thelotuscollaborative.com

Treats: Anorexia, Bulimia, BED, OSFED, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient, **Transitional**

Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, OCD, Self-Injury Treatment Modalities: Individual, Group, Nutritional

Insurance: Yes

Medicare/Medicaid: No/No

A New Journey Eating **Disorder Center**

2716 Ocean Park Blvd, Ste. #3046 Santa Monica, CA 90405 **800-634-1733** www.anewjourney.net

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient, Transitional

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Mood Disorders, Drug Addiction, Depression, OCD, Self-

Treatment Modalities: Individual. Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/No

Marin Eating Recovery Center

3 Harbor Drive, Ste. #110 Sausalito, CA 94965 **2** 415-331-1302 www.marineatingdisordertreatment.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Movement, Yoga Insurance: Yes

Medicare/Medicaid: No/No

New Directions Eating Disorders Center

4419 Van Nuys Blvd, Ste. #410 Sherman Oaks, CA 91403 **818-377-4442**

www.newdirectionseatingdisorders.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, OCD, Self-Injury Treatment Modalities: Group,

Nutritional **Insurance:** Yes

Medicare/Medicaid: No/No

Center for Discovery Danville

Sunol, CA 94526 **866-377-9962**



www.centerfordiscoverydanville.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body

Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male) Levels of Care: Residential

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury

Treatment Modalities: Individual. Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/

Couples, Exercise, Medical, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/No

The Bella Passione Residential **Treatment Center**

Thousand Oaks, CA **818-585-1775** www.thebellavita.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children 12+ (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors

(Female and Male)

Levels of Care: Residential Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury Treatment Modalities: Individual. Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Psychodrama,

Insurance: Yes

Medicare/Medicaid: No/No

Music, Multi-Family, Experiential



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Torrance Memorial Medical Center - Medical Stabilization **Program For Patients With Eating Disorders**

3400 Lomita Blvd, Ste. #300 Torrance, CA 90505 **2** 310-325-4353 www.torrancememorial.org/ eatingdisorders

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents 13+ (Female and Male), Adults 18-25 (Female and Male)

Levels of Care: Inpatient Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, OCD, Self-Injury Treatment Modalities: Individual, Nutritional, Psycho-Pharmacology, Family/Couples, Medical, Yoga

Insurance: Yes

Medicare/Medicaid: No/No

Clearview Treatment **Programs - Eating Disorders** Program

911 Coeur D'Alene Avenue Venice, CA 90291 **800-573-0770** www.clearviewtreatment.com

Treats: Anorexia, Bulimia, BED **Serves:** Adults (Female and Male) Levels of Care: Residential, Day Treatment/Partial Hospitalization. Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Personality Disorders, Depression, Self-Injury Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/

Couples, Exercise, Yoga

Insurance: Yes

Medicare/Medicaid: No/No

The Bella Vita in Woodland

22466 Ventura Blvd Woodland Hills, CA 91364 **818-676-1540** www.thebellavita.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female

and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Psychodrama,

Music, Multi-Family Insurance: Yes

Medicare/Medicaid: No/No

COLORADO

Eating Disorders Program -Children's Hospital Colorado

13123 E 16th Avenue, P.O. Box #361 Aurora, CO 80045 **720-777-6452** www.childrenscolorado.org

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia Serves: Children (Female and Male), Adolescents (Female and Male) Levels of Care: Inpatient, Day Treatment/Partial Hospitalization, Intensive Outpatient

Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, OCD, Self-Injury,

Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family, Medical, Movement, Psychodrama,

Music, Yoga Insurance: Yes

Medicare/Medicaid: No/Yes

Bright Heart Health, Colorado

Boulder, CO 80302 **2844-884-4474** www.brighthearthealth.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder, Muscle Dvsmorphia

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/ Couples, Meal Supervision

Insurance: Yes

Medicare/Medicaid: No/No

ACUTE Center for Eating Disorders at Denver Health

777 Bannock Street, MC 8105 Denver, CO 80204 **877-228-8348** www.denverhealth.org/acute

Treats: Anorexia, Bulimia, OSFED, Orthorexia, Compulsive Overexercise Serves: Adolescents 17+ (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Inpatient (Medical Stabilization)

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Drug Addiction, Depression, OCD

Treatment Modalities: Individual Medical Stabilization, Medical Detox (laxative/diuretic/substance abuse)

Insurance: Yes

Medicare/Medicaid: No/No

The Alliance for Eating Disorders Awareness does not recommend or endorse any of the treatment centers listed in the guide.

Eating Disorder Center of Denver

950 S Cherry Street, Ste. #1010 Denver, CO 80246 **866-771-0861** www.edcdenver.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adults (Female and Male),

Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury,

Personality Disorders Treatment Modalities: Individual. Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Movement,

Psychodrama, Animal Assisted Therapy

Insurance: Yes

Medicare/Medicaid: No/Yes

Eating Recovery Center

7531 E Lowry Blvd, Ste. #200 Denver, CO 80230 **877-218-1344** www.EatingRecoveryCenter.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia,

Compulsive Overexercise

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Inpatient, Residential, Day Treatment/Partial Hospitalization,

Intensive Outpatient

Co-Morbid Diagnosis: Anxiety. Trauma, Abuse, Mood Disorders, Depression, Sexual Addiction, OCD,

Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/No

The Recovery Village at Palmer Lake

443 S Highway, Ste. #105 Palmer Lake, CO 80133 **888-734-2266**



www.palmerlakerecovery.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder, Muscle Dysmorphia

Serves: Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Inpatient, Residential, Day Treatment/Partial Hospitalization. Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury, Personality Disorders Treatment Modalities: Individual.

Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical,

Movement, Psychodrama, Equine

Insurance: Yes

Medicare/Medicaid: No/No

CONNECTICUT

Center for Discovery Fairfield

Fairfield, CT 06830 **866-377-9962**



www.centerfordiscoverynewengland.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body

Dysmorphic Disorder Serves: Adults (Female) Levels of Care: Residential

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression,

OCD, Self-Injury

Treatment Modalities: Individual. Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/No

Center for Discovery Greenwich

Greenwich, CT 06830 **866-377-9962**



www.centerfordiscoverygreenwich.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body

Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/

Couples, Movement Insurance: Yes

Medicare/Medicaid: No/No

Eating Disorder Program at Institute of Living

200 Retreat Avenue, **Braceland Building** Hartford, CT 06106 **860-545-7203** www.harthosp.org/instituteofliving

Treats: Anorexia, Bulimia, BED,

OSFED, ARFID, Compulsive

Overexercise

Serves: Adolescents (Female and

Male), Adults (Female)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Anxiety,

Trauma, Abuse, Mood Disorders, Depression, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-

Pharmacology, Art Therapy, Family/ Couples

Insurance: Yes

Medicare/Medicaid: Yes/Yes



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Silver Hill Hospital

208 Valley Road New Canaan, CT 06840 **800-899-4455** www.silverhillhospital.org

Treats: Anorexia, Bulimia, BED, Body

Dysmorphic Disorder

Serves: Adults (Female and Male) Levels of Care: Inpatient, Residential,

Transitional

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury, Personality Disorders Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Exercise, Medical. Movement

Insurance: Yes

Medicare/Medicaid: Yes/No

Renfrew Center of Connecticut

1445 E Putnam Avenue Old Greenwich, CT 06870 **800-736-3739** www.renfrewcenter.com



Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body

Dysmorphic Disorder

Serves: Adolescents (Female), Adults

(Female), Seniors (Female)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury Treatment Modalities: Individual,

Group, Nutritional, Art Therapy, Family/

Couples Insurance: Yes

Medicare/Medicaid: No/No

Walden Behavioral Care

2400 Tamarack Avenue, Ste. #203 South Windsor, CT 06074 **860-533-4672** www.waldenbehavioralcare.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia Serves: Adolescents (Female and Male), Adults (Female and Male) Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury, ADHD, PTSD Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Movement, Psychodrama Insurance: Yes Medicare/Medicaid: No/Yes

Center for Discovery New **England**

Southport, CT 06890 **866-377-9962**



Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body

Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male) Levels of Care: Residential. Day Treatment/Partial Hospitalization Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD. Self-Injury

Treatment Modalities: Individual. Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/Yes

FLORIDA

Renew Center of Florida

2200 N Federal Highway, Ste. #230 Boca Raton, FL 33431 **800-557-6090** www.therenewcenter.com

Treats: Anorexia, Bulimia, BED, OSFED, Compulsive Overexercise, Body Dysmorphic Disorder Serves: Children (Female), Adolescents (Female and Male), Adults (Female and Male). Seniors (Female

and Male) Levels of Care: Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Dissociative Identity Disorder Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/ Couples

Insurance: No

Medicare/Medicaid: No/No

Fairwinds Treatment Center

1569 S Fort Harrison Avenue Clearwater, FL 33756 **28** 800-226-0301

www.fairwindstreatment.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Inpatient, Residential, Day Treatment/Partial Hospitalization, Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood

Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury,

Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/No

The Alliance for Eating Disorders Awareness does not recommend or endorse any of the treatment centers listed in the guide.

Renfrew Center of Florida

7700 Renfrew Lane Coconut Creek, FL 33073 **800-736-3739** www.renfrewcenter.com



Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body

Dysmorphic Disorder

Serves: Adolescents (Female), Adults (Female), Seniors (Female) Levels of Care: Residential, Day Treatment/Partial Hospitalization,

Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama Insurance: Yes

Milestones Eating Disorders Program

Medicare/Medicaid: No/No

2525 Embassy Lakes Drive, Ste. #10 Cooper City, FL 33026 **800-347-2364** www.milestonesprogram.org

Treats: Anorexia, Bulimia, BED Serves: Adults (Female and Male), Seniors (Female and Male) Levels of Care: Residential. Day Treatment/Partial Hospitalization, Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism, Mood Disorders, Drug Addiction, OCD Treatment Modalities: Individual. Group, Nutritional, Art Therapy,

Family/Couples, Exercise, Medical, Movement, Medication

Insurance: Yes

Medicare/Medicaid: No/No

Family Behavioral Center

5850 W Atlantic Avenue, Ste. #101 Delray Beach, FL 33484 **561-637-2592** www.familybehavioralcenter.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body

Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/

Couples, Exercise, Medical, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/No

Lighthouse Recovery Institute

4733 W Atlantic Avenue, Ste. #C17 Delray Beach, FL 33445 **561-381-0015** www.lighthouserecoveryinstitute.com

Treats: Anorexia, Bulimia, BED Serves: Adults (Female)

Levels of Care: Day Treatment/Partial Hospitalization. Intensive Outpatient. Transitional

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Drug Addiction, Depression

Treatment Modalities: Individual. Group, Nutritional, Art Therapy, Family/ Couples

Insurance: Yes

Medicare/Medicaid: No/No

Therapeutic Oasis Eating Disorder Program

250 Royal Court Delray Beach, FL 33444 **561-278-6033** www.delrayoasis.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Orthorexia, Compulsive Overexercise, Body Dysmorphic

Serves: Adolescents (Female), Adults

(Female), Seniors (Female)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury, Personality Disorders Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/ Couples, Movement, Expressive, Yoga, Meditation, Mindfulness

Insurance: No

Medicare/Medicaid: No/No

UF Health Eating Disorders Clinic, Intensive Outpatient Program

8491 NW 29th Avenue Gainesville, FL 32606 **352-265-4357** www.ufhealth.org/uf-health-childpsychiatry-springhill-health-center

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder, Muscle Dysmorphia

Serves: Adolescents (Female and Male), Adults (Female and Male) Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Movement

Insurance: Yes

Medicare/Medicaid: No/No



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Beaded Star Eating Disorder Recovery Center

2380 S 3rd Street, Ste. #2 Jacksonville Beach, FL 32250 **904-241-3113** www.beadedstarrecovery.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male) Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Trauma. Abuse, Mood Disorders, Depression Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/

Couples, Yoga Insurance: No

Medicare/Medicaid: No/No

Nicklaus Children's Hospital Division of Adolescent Medicine

3100 SW 62nd Avenue Miami, FL 33155 **205-668-5525** www.mch.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID

Serves: Children (Female and Male), Adolescents (Female and Male) Levels of Care: Inpatient

Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders,

Depression, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Family/Couples, Medical

Insurance: Yes

Medicare/Medicaid: No/Yes

Center for Discovery Orlando

Montverde, FL 34756 **866-377-9962**



www.centerfordiscoveryorlando.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male)

Levels of Care: Residential Co-Morbid Diagnosis: Alcoholism,

Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression,

OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/No

Orlando Recovery Center

6000 Lake Ellenor Drive Orlando, FL 32809 **877-938-0713**

www.orlandorecovery.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder, Muscle

Dysmorphia

Serves: Adults (Female and Male),

Seniors (Female and Male)

Levels of Care: Inpatient, Residential, Day Treatment/Partial Hospitalization, Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression,

OCD, Self-Injury, Personality Disorders Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/

Couples, Exercise, Medical, Movement, Psychodrama, Equine

Insurance: Yes

Medicare/Medicaid: No/No

Next Generation Village

1062 Lake Sebring Drive Sebring, FL 33870 **28** 877-938-0713



www.nextgenerationvillage.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder, Muscle Dvsmorphia

Serves: Adolescents (Female and

Levels of Care: Inpatient, Residential, Day Treatment/Partial Hospitalization,

Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury, Personality Disorders Treatment Modalities: Individual,

Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama, Equine

Insurance: Yes

Medicare/Medicaid: No/No

Clementine Adolescent **Treatment Program**

5830 SW 76th Street South Miami, FL 33143 **866-511-4325** www.oliverpyattcenters.com



Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female) Levels of Care: Residential, Day Treatment/Partial Hospitalization, Intensive Outpatient, Transitional Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders, PTSD Treatment Modalities: Individual,

Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical,

Movement, Psychodrama, Exposure

Therapy Insurance: Yes

Medicare/Medicaid: No/No

The Alliance for Eating Disorders Awareness does not recommend or endorse any of the treatment centers listed in the guide.

Oliver-Pyatt Centers

6150 SW 76th Street South Miami, FL 33143 **305-663-1738** www.oliverpyattcenters.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder Serves: Adolescents (Female), Adults

(Female), Seniors (Female) Levels of Care: Residential, Day Treatment/Partial Hospitalization, Intensive Outpatient, Transitional

Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Mood Disorders, Depression, Drug Addiction, Sexual Addiction, OCD, Self-Injury, Personality

Disorders, PTSD

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama, Exposure Therapy

Insurance: Yes

Medicare/Medicaid: No/No

Canopy Cove Eating Disorder **Treatment Center**

13305 Mahan Drive Tallahassee, FL 32309 **28** 800-236-7524 www.canopycove.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female

and Male)

Levels of Care: Residential, Day Treatment/Partial Hospitalization, Intensive Outpatient

Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, OCD, Self-Injury Treatment Modalities: Individual,

Group, Nutritional, Art Therapy, Family/Couples, Medical, Movement, Psychodrama, Equine, Music

Insurance: Yes

Medicare/Medicaid: No/No

Fairwinds Treatment Center Intensive Outpatient Program

2202 N Westshore Blvd, Ste. #200, Corporate Center One Tampa, FL 33607 **27-449-0300** www.fairwindstreatment.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury, Personality Disorders Treatment Modalities: Individual.

Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical

Insurance: Yes

Medicare/Medicaid: No/No

Sunspire Hyde Park **Counseling Center**

215 W Verne Street, Ste. #203 Tampa, FL 36606 **877-435-7790** www.sunspirehealth.com

Treats: Anorexia, Bulimia, BED, OSFED, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adults (Female), Seniors (Female)

Levels of Care: Residential, Day Treatment/Partial Hospitalization, Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/Couples, Exercise, Movement,

Psvchodrama **Insurance:** Yes

Medicare/Medicaid: No/No

Rogers Behavioral Health -Tampa Bay

2002 N Lois Avenue, Ste. #400 Tampa, FL 33607 **844-220-4411** www.rogersbh.org

Treats: Anorexia, Bulimia, BED. OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults

(Female and Male)

Levels of Care: Day Treatment/Partial

Hospitalization

Co-Morbid Diagnosis: Anxiety,

Trauma, OCD

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement

Insurance: Yes

Medicare/Medicaid: No/No

Turning Point of Tampa

6227 Sheldon Road Tampa, FL 33615 **800-397-3006** www.rehabisforguitters.com

Treats: Anorexia, Bulimia, BED, OSFED, Compulsive Overexercise Serves: Adults (Female and Male),

Seniors (Female and Male)

Levels of Care: Residential, Day Treatment/Partial Hospitalization.

Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD,

Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/No



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Recovery Village

633 Umatilla Blvd Umatilla, FL 32784 ₱ 877-226-6881 www.therecoveryvillage.com



Treats: Anorexia, Bulimia, OSFED Serves: Adults (Female and Male), Seniors (Female and Male)
Levels of Care: Residential, Day Treatment/Partial Hospitalization, Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury, Personality Disorders Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical

Insurance: Yes

Medicare/Medicaid: No/No

A Safe Harbour Eating Disorder Intensive Outpatient Program

5840 Corporate Way, Ste. #101 West Palm Beach, FL 33407

№ 844-433-7233
www.asafeharbourtherapy.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder, Muscle Dysmorphia

Serves: Adults (Female), Seniors

(Female)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Exercise, Movement, Psychodrama, Mindfulness

Insurance: Yes

Medicare/Medicaid: Yes/No

Willow Place

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder **Serves:** Adults (Female)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury,

Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/No

Blue Horizon Eating Disorder Services, LLC

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Anxiety,

Depression, OCD

Treatment Modalities: Group, Nutritional, Exercise, Family, Parent Support Group, Yoga

Insurance: Yes

Medicare/Medicaid: No/No

GEORGIA

Atlanta Center for Eating Disorders (ACE) - Alpharetta

3534 Old Milton Parkway Alpharetta, GA 30005 ₱ 770-458-8711 www.eatingdisorders.cc

Treats: Anorexia, Bulimia, BED, OSFED, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/Couples, Exercise, Medical, Movement, Psychodrama Insurance: Yes

Medicare/Medicaid: No/No

Renfrew Center of Atlanta

50 Glenlake Parkway, Ste. #120 Atlanta, GA 30328

800-736-3739

www.renfrewcenter.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female), Adults

(Female), Seniors (Female)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/

Couples Insurance: Yes

Medicare/Medicaid: No/No

The Alliance for Eating Disorders Awareness does not recommend or endorse any of the treatment centers listed in the guide.

Atlanta Center for Eating Disorders (ACE) - Decatur

115a N McDonough Street Decatur, GA 30030 **770-458-8711** www.eatingdisorders.cc

Treats: Anorexia, Bulimia, BED, OSFED, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, Sexual Addiction, OCD,

Self-Injury, Personality Disorders Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/No

Atlanta Center for Eating Disorders (ACE) - Main

4536 Barclay Drive Dunwoody, GA 30338 **770-458-8711** www.eatingdisorders.cc

Treats: Anorexia, Bulimia, BED, OSFED, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient

Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders Treatment Modalities: Individual,

Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical,

Movement, Psychodrama Insurance: Yes

Medicare/Medicaid: No/No

Women's Center for Trauma and Eating Disorders at Ridgeview Institute

3995 S Cobb Drive Smyrna, GA 30080 **770-434-4567** www.ridgeviewinstitute.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder, Muscle Dysmorphia

Serves: Adolescents (Female), Adults (Female)

Levels of Care: Inpatient, Day Treatment/Partial Hospitalization, Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/Couples, Movement, Psvchodrama

Insurance: Yes

Medicare/Medicaid: Yes/Yes

HAWAII

'Ai Pono Hawaii

1188 Bishop Street, Ste. #2412 Honolulu, HI 96734 **808-540-1001** www.aipono.com

Treats: Anorexia, Bulimia, BED, OSFED, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adults (Female)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury Treatment Modalities: Individual, Group, Nutritional, Art Therapy

Insurance: Yes

Medicare/Medicaid: No/No

Nova Luna Center

1135 Makawao Avenue, P.O. Box #340 Makawao, HI 96753 **808-870-9886** www.novalunacenter.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Orthorexia, Compulsive Overexercise, Body

Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Transitional Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders,

Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/Couples, Exercise, Movement,

Psychodrama, Equine Insurance: Yes

Medicare/Medicaid: No/No

'Ai Pono Maui

470 Lilihua Place Wailuku, HI 96793 **855-249-9992** www.aiponomaui.com

Treats: Anorexia, Bulimia, BED, OSFED, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female), Adults

(Female)

Levels of Care: Residential, Day Treatment/Partial Hospitalization Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama Insurance: Yes

Medicare/Medicaid: No/No



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ILLINOIS

Ascend Consultation in Healthcare

700 S Gregory Street, Ste. A Champaign, IL 61801 **217-531-4796** www.ascendchc.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male) Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual. Group, Nutritional, Art Therapy, Family/Couples, Exercise, Movement, Psychodrama, Supported Meals

Insurance: Yes

Medicare/Medicaid: No/No

Ascend Consultation in Healthcare

737 N Michigan Avenue, Ste. #1625 Chicago, IL 60611 **312-283-2650** www.ascendchc.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male) Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury,

Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/Couples, Exercise, Movement, Psychodrama, Supported Meals

Insurance: Yes

Medicare/Medicaid: No/No

Center for Discovery Chicago

Chicago, IL 60026 **866-377-9962**



www.centerfordiscoverychicago.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults 18-21 (Female and Male)

Levels of Care: Residential, Day Treatment/Partial Hospitalization Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression,

OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/No

Insight Behavioral Health Centers

333 N Michigan Avenue, Ste. #1900 Chicago, IL 60601 **312-540-9955**

www.insightbhc.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female

Levels of Care: Residential, Day Treatment/Partial Hospitalization. Intensive Outpatient, Transitional Co-Morbid Diagnosis: Anxiety,

Trauma, Mood Disorders, Depression, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement

Insurance: Yes

Medicare/Medicaid: No/No

Alexian Brothers Behavorial **Health Hospital**

1650 Moon Lake Blvd Hoffman Estates, IL 60169 **800-432-5005** www.abbhh.org\ED

Treats: Anorexia. Bulimia. BED. OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Inpatient, Day Treatment/Partial Hospitalization, Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury Treatment Modalities: Individual, Group, Nutritional, Psycho-

Pharmacology, Art Therapy, Family/ Couples, Medical, Movement

Insurance: Yes

Medicare/Medicaid: Yes/Yes

Timberline Knolls

40 Timberline Drive Lemont, IL 60439 **28** 877-257-9611 www.timberlineknolls.com



Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female), Adults (Female), Seniors (Female)

Levels of Care: Residential

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Process Addictions

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Movement, Psychodrama, Equine, Dance, Yoga, Animal Assisted Therapy

Insurance: Yes

Medicare/Medicaid: No/No

The Alliance for Eating Disorders Awareness does not recommend or endorse any of the treatment centers listed in the guide.

Linden Oaks at Edward

852 West Street Naperville, IL 60515 **630-305-5027** www.edward.org/eatingdisorders

Treats: Anorexia, Bulimia, BED, OSFED

Serves: Adolescents (Female and Male), Adults (Female and Male) Levels of Care: Inpatient, Residential, Day Treatment/Partial Hospitalization, Intensive Outpatient

Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, OCD, Self-Injury Treatment Modalities: Individual. Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Psychodrama, Equine Insurance: Yes

Medicare/Medicaid: Yes/No

Ascend Consultation in Healthcare

666 Dundee Road, Ste. #1504 Northbrook, IL 60062 **312-283-2650** www.ascendchc.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male) Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/Couples, Exercise, Movement, Psychodrama, Supported Meals

Insurance: Yes

Medicare/Medicaid: No/No

Renfrew Center of Chicago

5 Revere Drive Northbrook, IL 60062 **28** 800-736-3739 www.renfrewcenter.com



Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body

Dysmorphic Disorder

Serves: Adolescents (Female), Adults

(Female), Seniors (Female)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/

Couples Insurance: Yes

Medicare/Medicaid: No/No

OSF Saint Francis Medical Center- Eating Disorders Program

530 NE Glen Oak Avenue Peoria, IL 61637 **309-655-2738** www.osfsaintfrancis.org

Treats: Anorexia, Bulimia, BED,

OSFED, ARFID

Serves: Adolescents (Female and Male), Adults (Female and Male) Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Anxiety, Trauma, Mood Disorders, Depression, OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Exercise, Medical

Insurance: Yes

Medicare/Medicaid: Yes/Yes

INDIANA

Selah House Eating Disorder **Treatment Centers**

1201 E 5th Street, Ste. #3000 Anderson, IN 46012 **888-692-0505** www.selahhouse.com

Treats: Anorexia, Bulimia, OSFED, ARFID, Compulsive Overexercise Serves: Adolescents (Female), Adults

(Female)

Levels of Care: Inpatient, Residential Co-Morbid Diagnosis: Anxiety, Trauma, Mood Disorders, Depression,

OCD, Self-Injury, ADHD

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Equine

Insurance: Yes

Medicare/Medicaid: No/No

Charis Center For Eating Disorders

6640 Intech Blvd, Ste. #195 Indianapolis, IN 46278 **317-295-0608** www.iuhealth.org/riley/eating-disorders

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Compulsive

Overexercise

Serves: Children (Female and Male). Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Anxiety, Mood

Disorders, Depression, OCD Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/

Couples, Medical, Movement,

Psvchiatric **Insurance:** Yes

Medicare/Medicaid: Yes/Yes



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The Cabin Counseling & Resource Center, Inc.

220 S Elm Street Zionsville, IN 46077 **317-873-8140** www.thecabin.org

Treats: Anorexia, Bulimia, BED. OSFED, ARFID, Night Eating Syndrome, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female

and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual. Group, Nutritional, Family/Couples,

Movement, Yoga Insurance: No

Medicare/Medicaid: No/No

IOWA

University of Iowa Hospitals & Clinics - Eating Disorders **Program**

200 Hawkins Drive Iowa City, IA 52242 **319-356-2263** www.uihealthcare.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female

and Male)

Levels of Care: Inpatient, Day Treatment/Partial Hospitalization Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury

Treatment Modalities: Individual. Group, Nutritional, Psycho-Pharmacology, Family/Couples, Exercise, Medical, Movement

Insurance: Yes

Medicare/Medicaid: Yes/Yes

KANSAS

Thalia House

5301 Norwood Street Fairway, KS 66205 **888-913-1428** www.thaliahouse.com

Treats: Anorexia, Bulimia, BED, OSFED, Compulsive Overexercise, Body Dysmorphic Disorder Serves: Adults (Female)

Levels of Care: Residential, Intensive

Outpatient, Transitional

Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, OCD

Treatment Modalities: Individual, Group, Nutritional, Art Therapy

Insurance: Yes

Medicare/Medicaid: No/Yes

McCallum Place Kansas City

12140 Nall Avenue, Ste. #315 Leawood, KS 66209 **800-828-8158** www.mccallumplace.com



Treats: Anorexia, Bulimia, BED. OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder, Muscle Dysmorphia

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial

Hospitalization

Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Family/Couples. Exercise, Medical, Movement,

Psychodrama Insurance: Yes

Medicare/Medicaid: No/No

LOUISIANA

River Oaks Hospital Eating Disorders Treatment Center

1525 River Oaks Road W Harahan, LA 70123 **504-734-1740** www.riveroakshospital.com



Treats: Anorexia, Bulimia, OSFED Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male) Levels of Care: Inpatient, Day Treatment/Partial Hospitalization Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, OCD, Self-Injury Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: Yes/Yes

MARYLAND

Johns Hopkins Eating **Disorders Program**

1800 Orleans Street Baltimore, MD 21287 **2** 410-955-5212 www.hopkinsmedicine.org/psychiatry/ speciality areas/eating disorders

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body

Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Inpatient. Dav Treatment/Partial Hospitalization,

Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual. Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical

Insurance: Yes

Medicare/Medicaid: Yes/Yes

The Alliance for Eating Disorders Awareness does not recommend or endorse any of the treatment centers listed in the guide.

Renfrew Center of Bethesda

4719 Hampden Lane, Ste. #100 Bethesda, MD 20814 **800-736-3739** www.renfrewcenter.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female), Adults (Female), Seniors (Female)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Drug

Addiction, Depression, Sexual Addiction, OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/ Couples

Insurance: Yes

Medicare/Medicaid: No/No

The Center for Eating **Disorders at Sheppard Pratt**

6535 N Charles Street, Ste. #300 Towson, MD 21204 **2** 410-938-5252 www.eatingdisorder.org

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Inpatient, Day Treatment/Partial Hospitalization, Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Mood Disorders, Depression, Drug Addiction, Personality Disorders

Treatment Modalities: Individual. Group, Nutritional, Medication, Art Therapy, Family, Medical, Expressive

Insurance: Yes

Medicare/Medicaid: Yes/Yes

Renfrew Center of Baltimore

1122 Kenilworth Drive Towson, MD 21204 **800-736-3739** www.renfrewcenter.com



Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female), Adults (Female), Seniors (Female)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/ Couples

Insurance: Yes

Medicare/Medicaid: No/No

MASSACHUSETTS

Walden Behavioral Care

109 Main Street Amherst, MA 01002 **2** 413-582-0100 www.waldenbehavioralcare.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia Serves: Adolescents (Female and Male). Adults (Female and Male) Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury, ADHD, PTSD Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/Yes

McLean Klarman Eating **Disorders Center**

115 Mill Street Belmont, MA 02478 **617-855-3410** www.mcleanhospital.org



Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia,

Compulsive Overexercise

Serves: Adolescents 16+ (Female),

Adults 18-26 (Female)

Levels of Care: Residential, Day Treatment/Partial Hospitalization Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury, Personality Disorders Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/

Insurance: Yes

Medicare/Medicaid: Yes/Yes

Couples, Exercise, Medical, Yoga

Monte Nido & Affiliates' Eating **Disorder Center of Boston**

419 Boylston Street, Ste. #501 Boston, MA 02116 **310-457-9958** www.montenido.com

Treats: Anorexia, Bulimia, BED, OSFED, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual. Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement

Insurance: Yes

Medicare/Medicaid: No/No

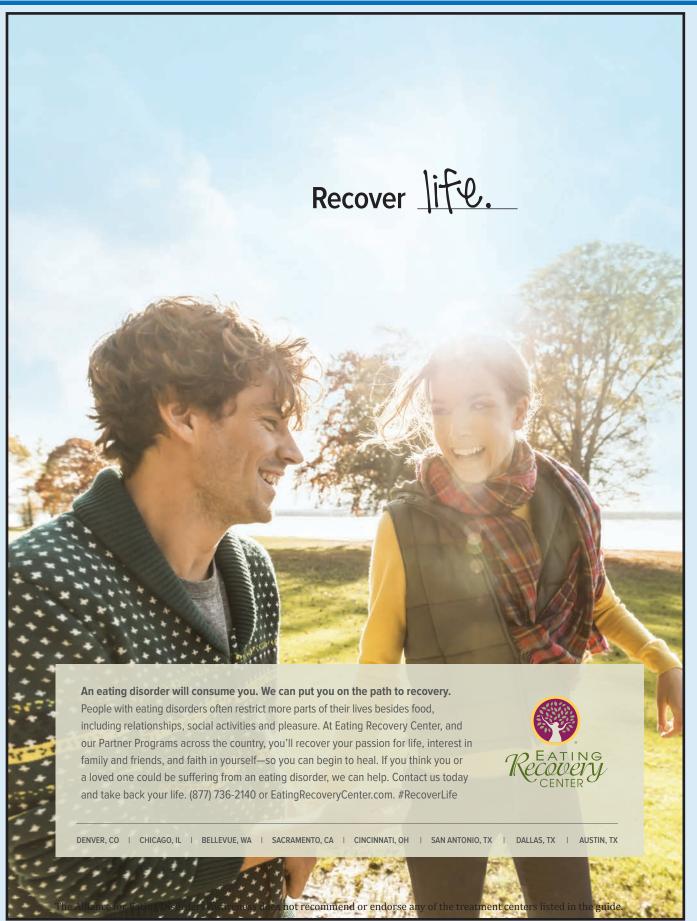


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WAYS TO ADVOCATE FOR TREATMENT

By Alicia Paulino-Grisham, Esq.

Initial Application for

1. KNOW YOUR INSURANCE POLICY TERMS:

Obtain a copy of ALL Plan documents:

- Summary Plan Description, the actual Plan [contract], and medical necessity guidelines not contained in the Plan or the Summary Palm Description;
- You likely do not have ALL documents, so call the insurance carrier and/or your employer (if it is a group plan) and demand

Read your policy and understand the medical necessity guidelines contained therein;

Let the medical necessity guidelines filter through everything you do and every communication you have with the insurance

2. KNOW WHAT LAW APPLIES:

The Employee Retirement Income Security Act ("ERISA") includes provisions that set minimum standards of operation and conduct for employer health insurance plans. A health insurance plan must be operated in accordance with these standards, which are intended to protect participants in the plan. Awareness of these basic rules permits employers to establish systems that maintain compliance with ERISA (most group policies obtained through employment) – be sure to obtain and submit all information and documentation during the administrative process (see below);

Non-ERISA (state, student, and government plans) – you may have additional remedies available under state law (example: Florida claims - file a Civil Remedy Notice if a claim is denied):

However, treat every claim as if it is an ERISA claim (document, document, document ...).

3. CONSULT WITH AND EDUCATE THE REFERRING/TREATING THERAPIST AND **NUTRITIONIST:**

Provide a copy of the medical necessity guidelines to the referring/treating therapist and nutritionist:

Obtain all medical/therapy notes from referring/treating therapist and nutritionist;

Obtain a detailed medically necessity narrative from referring/treating therapist and nutritionist:

- This should explain why treatment is medically necessary according to the guidelines, using patient specific information (examples and details regarding the patient's condition, symptoms, and behaviors);
- This should also address co-morbid conditions and other factors that could increase the patient's risks, require a higher level of care, require longer periods in treatment and a continuity of the treatment team (history of trauma, difficulty with trust, and other patient specific factors);
- Consider past relapses and the patient's prognosis if treatment is not obtained; and
- Address the need to complete the full continuum of care and adherence to the guidelines of the American Psychological Association ("APA").

4. OBTAIN RECORDS FROM ALL AVAILABLE PAST TREATMENT FACILITIES.

PREPARE DETAILED PERSONAL STATEMENTS FROM FRIENDS, FAMILY MEMBERS, AND THE PATIENT (IF RECOMMENDED BY THERAPIST):

This should include specific examples and details about how the patient's eating disorder is affected his/her life (school, work, social and home life etc...) and the lives of people

around him/or her. This should also include specific information regarding the patient's eating disorder behaviors and symptoms and the writer's fear if treatment is not obtained. Statements should also consider the medical necessity guidelines;

- · Consider co-morbid conditions and factors that could increase the patient's risks, require a higher level of care, require longer periods in treatment and a continuity of the treatment team;
- Consider past relapses; and
- Address continuum of care and the APA guidelines;

Date and sign the statements.

6. CONSIDER A "DAY IN THE LIFE" VIDEO FROM THE PATIENT'S PERSPECTIVE OR A **FAMILY MEMBER'S PERSPECTIVE AND/OR SUBMIT PATIENT PICTURES.**

7. CONSULT WITH THE TREATMENT **FACILITY:**

Provide the facility with your policy, policy guidelines, personal statements, therapy records, and medical necessity narratives;

Request a detailed medical necessity narrative from the facility to be provided with the initial application;

Request that everything provided be submitted with the initial application for treatment coverage.

8. KEEP RECORDS OF EVERYTHING SUBMITTED TO THE INSURANCE CARRIER **SENDING COPIES TO THE TREATING** THERAPIST (ALL NOTES, NARRATIVES, STATEMENTS, VIDEOS, AND PICTURES WITH THE INITIAL APPLICATION FOR COVERAGE).

FINAL DENIAL

- 1. Non-ERISA know your state's legal remedies (example in Florida you can file a Civil Remedy Notice.
- 2. ERISA Obtain a full copy of your insurance companies claim file (all information generated in the course of investigating your claim) and consider legal options in Federal Court; and
- 3. Be cautious about external appeals. The third party reviewers are not always purely "independent" and "unbiased."

OTHER CONSIDERATIONS

- 1. The Affordable Care Act allows families to change insurance policies without preexisting condition limitations.
- 2. The Mental Health Parity and Addiction Equity Act provides that insurance companies cannot place limitations and restrictions on the treatment of mental illnesses (such as eating disorders) that are more stringent than those placed on the treatment of physical conditions. Essentially, there must be parity in treatment between mental and physical conditions. Initial failure(s) at a lower level of care requirements are no longer allowed.

For More Information on How to Advocate FOR TREATMENT, **PLEASE CONTACT:**

Alicia Paulino-Grisham DI Law Group www.dilawgroup.com 4151 Hollywood Blvd. Hollywood, FL 33021 888-644-2644

Renfrew Center of Boston

870 Rear Commonwealth Avenue Boston, MA 02215 **800-736-3739** www.renfrewcenter.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body

Dysmorphic Disorder

Serves: Adolescents (Female), Adults

(Female), Seniors (Female)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/

Insurance: Yes

Couples

Medicare/Medicaid: No/No

Walden Behavioral Care

150 Grossman Drive, Ste. #404 Braintree, MA 02184 **781-380-0695** www.waldenbehavioralcare.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia Serves: Adolescents (Female and Male), Adults (Female and Male) Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury, ADHD, PTSD Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/Yes

Cambridge Eating Disorder Center

3 Bow Street Cambridge, MA 02138 **12** 617-547-2255 www.eatingdisordercenter.org

Treats: Anorexia. Bulimia. BED. OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children 12+ (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors

(Female and Male)

Levels of Care: Residential, Day Treatment/Partial Hospitalization. Intensive Outpatient, Transitional Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Self-Injury, Drug Addiction Treatment Modalities: Individual,

Group, Nutritional, Psycho-Pharmacology, Family/Couples

Insurance: Yes

Medicare/Medicaid: No/No

Monte Nido at Laurel Hill

Medford, MA **310-457-9958** www.montenido.com/laurel hill inn

Treats: Anorexia, Bulimia, BED, OSFED, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Residential Co-Morbid Diagnosis: Alcoholism,

Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury,

Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement

Insurance: Yes

Medicare/Medicaid: No/No

Walden Behavioral Care

2 Corporation Way, Ste. #260 Peabody, MA 02184 **978-531-2904** www.waldenbehavioralcare.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia Serves: Adolescents (Female and Male), Adults (Female and Male) Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury, ADHD, PTSD Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Movement, Psvchodrama

Insurance: Yes Medicare/Medicaid: No/Yes

Behavioral Nutrition

1266 Furnace Brook Parkway, Ste. #404 Quincy, MA 02169 **12** 617-595-7044 www.behavioralnutrition.org

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female), Adults

(Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Anxiety, Trauma, Mood Disorders, Depression, OCD, Self-Injury, Personality Disorders Treatment Modalities: Individual, Group, Nutritional, Psycho-

Pharmacology, Art Therapy, Family/

Couples Insurance: Yes

Medicare/Medicaid: No/No

1540 E Hospital Drive,

Walden Behavioral Care

69 Hickory Drive, Ste. #2000 Waltham, MA 02451 **28** 781-899-2460 www.waldenbehavioralcare.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia Serves: Adolescents (Female and Male), Adults (Female and Male) Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury, ADHD, PTSD Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Movement, Psvchodrama Insurance: Yes

Walden Behavioral Care, LLC

9 Hope Avenue, Ste. #500 Waltham, MA 02453 **28** 781-647-6727

Medicare/Medicaid: No/Yes

www.waldenbahavioralcare.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia Serves: Adolescents (Female and Male), Adults (Female and Male) Levels of Care: Inpatient, Residential Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury, ADHD, PTSD Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Movement, Psychodrama

Walden Behavioral Care

335 Chandler Street Worcester, MA 01602 **508-796-5797** www.waldenbehavioralcare.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia Serves: Adolescents (Female and Male), Adults (Female and Male) Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD. Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Movement, Psvchodrama

Insurance: Yes

Medicare/Medicaid: No/Yes

MICHIGAN

Huron Oaks Eating Disorder Recovery Program -Adolescent Program

P.O. Box #995 Ann Arbor, MI 48106 **734-712-5750** www.stjoeshealth.org/eatingdisorders

Treats: Anorexia, Bulimia, BED, OSFED. Night Eating Syndrome. Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization

Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, OCD, Self-Injury Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Movement

Insurance: Yes

Medicare/Medicaid: No/Yes

U-M Comprehensive Eating **Disorders Program**

Level 5 - Reception B Ann Arbor, MI 48109 **734-232-7531** www.uofmhealth.org/eatingdisorders

Treats: Anorexia, Bulimia, OSFED, Orthorexia, Compulsive Overexercise Serves: Children (Female and Male), Adolescents (Female and Male), Adults

(Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical

Insurance: Yes

Medicare/Medicaid: No/No

Reconnect with Food at Inner **Door Center**

317 E Eleven Mile Road Royal Oak, MI 48067 **248-336-2868** www.innerdoorcenter.com

Treats: Bulimia, BED, OSFED. Diabulimia, Compulsive Overexercise Serves: Adolescents (Female), Adults

(Female)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Movement, Psychodrama, Yoga Insurance: Yes

Medicare/Medicaid: No/No



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Insurance: Yes

Medicare/Medicaid: No/Yes

Beaumont Children's Hospital: The Hough Center

1777 Axtell Drive, Ste. #202 Troy, MI 48084 248-594-3142

www.beaumont.edu/eating-disorders

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Orthorexia

Serves: Children (Female and Male), Adolescents (Female and Male), Adults 18-22 (Female and Male)

Levels of Care: Inpatient

Co-Morbid Diagnosis: Anxiety, Mood Disorders, Depression, OCD, Self-

Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family,

Medical Insurance: Yes

Medicare/Medicaid: No/Yes

MINNESOTA

Mayo Eating Disorders Program

200 1st Street SW Rochester, MN 55706 № 507-255-2326

www.mayoclinic.org/eating-disorders

Treats: Anorexia, Bulimia, OSFED, ARFID, Diabulimia, Compulsive Overexercise

Serves: Children (Female and Male), Adolescents (Female), Adults 18-21 (Female)

Levels of Care: Inpatient

Co-Morbid Diagnosis: Anxiety, Mood Disorders, Depression, OCD, Self-

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Family/Couples,

Exercise, Medical Insurance: Yes

Medicare/Medicaid: Yes/Yes

Park Nicollet Melrose Center

3525 Monterey Drive St. Louis Park, MN 55416 ₱ 952-993-6200 www.parknicollet.com/melrose

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Inpatient, Residential, Day Treatment/Partial Hospitalization, Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Spirituality, Music

Insurance: Yes

Medicare/Medicaid: Yes/Yes

Emily Program

Treats: Anorexia, Bulimia, BED, OSFED, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Residential, Day Treatment/Partial Hospitalization, Intensive Outpatient, Transitional

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Movement

Insurance: Yes

Medicare/Medicaid: Yes/Yes

MISSOURI

Castlewood Treatment Center

1260 St. Paul Road Ballwin, MO 63021 © 636-386-6611 www.castlewoodtc.com



Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Compulsive Overexercise,

Body Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)
Levels of Care: Residential, Day

Levels of Care: Residential, Day Treatment/Partial Hospitalization, Intensive Outpatient

Intensive Outpatient

Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, Sexual Addiction, OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Movement,

Psychodrama **Insurance:** Yes

Medicare/Medicaid: No/No

Eating Disorders Program - St. Louis Behavioral Medicine Institute

16216 Baxter Road, Ste. #205 St. Louis, MO 63017 № 636-532-9188 www.slbmi.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body

Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders Treatment Modalities: Individual, Group, Nutritional, Psycho-

Pharmacology, Art Therapy, Family/ Couples, Parent Education/Training

Insurance: Yes

Medicare/Medicaid: No/No

The Alliance for Eating Disorders Awareness does not recommend or endorse any of the treatment centers listed in the guide.

McCallum Place St. Louis

231 W Lockwood Avenue, Ste. #201 St. Louis, MO 63119 **314-968-1900** www.mccallumplace.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder, Muscle Dysmorphia Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male) Levels of Care: Residential, Day Treatment/Partial Hospitalization, Intensive Outpatient, Transitional Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/Couples, Exercise, Medical, Movement, Psychodrama, Animal Assisted Therapy

Insurance: Yes

Medicare/Medicaid: No/No

Victory Program at McCallum **Place**

231 W Lockwood Avenue, Ste. #201 St. Louis, MO 63119 **314-968-1900** www.mccallumplace.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder, Muscle Dysmorphia Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male) Levels of Care: Residential, Day Treatment/Partial Hospitalization, Intensive Outpatient, Transitional Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders, PTSD Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/Couples, Exercise, Medical, Movement, Psychodrama,

Insurance: Yes

Medicare/Medicaid: No/No

Animal Assisted Therapy

Webster Wellness Professionals

231 W Lockwood Avenue, Ste. #202 St. Louis, MO 63119 **314-737-4070**

www.websterwellnessprofessionals.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder, Muscle Dysmorphia

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual. Group, Nutritional, Psycho-Pharmacology, Family/Couples, Exercise, Medical, Movement, Animal Assisted Therapy

Insurance: Yes

Medicare/Medicaid: No/No

MONTANA

Rimrock Foundation

1231 N 29th Street Billings, MT 59102 **406-248-3175** www.rimrock.org

Treats: Anorexia, Bulimia, BED, OSFED, Compulsive Overexercise, Body Dysmorphic Disorder Serves: Adolescents (Female and

Male), Adults (Female and Male), Seniors (Female)

Levels of Care: Inpatient, Day Treatment/Partial Hospitalization Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Movement

Insurance: Yes

Medicare/Medicaid: No/Yes

NEBRASKA

Children's Eating Disorders Program

1000 N 90th Street, Ste. #300 Omaha, NE 68114 **800-833-3100** www.childrensomaha.org

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia Serves: Children (Female and Male), Adolescents (Female and Male), Adults 18-22 (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, OCD, Self-Injury Treatment Modalities: Individual. Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Movement, Equine

Insurance: Yes

Medicare/Medicaid: No/Yes

OMNI Eating Disorder Clinic

8715 Oak Street Omaha, NE 68124 **402-333-0898** www.omnibehavioralhealth.com

Treats: Anorexia, Bulimia, BED, OSFED, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood

Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/ Couples, Exercise, Medical, Exposure

Insurance: Yes

Medicare/Medicaid: No/Yes



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NEVADA

Center for Hope of the Sierras

3740 Lakeside Drive, Ste. #201 Reno, NV 89509 775-828-4949

www.centerforhopeofthesierras.com

Treats: Anorexia, Bulimia, BED, OSFED, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder **Serves:** Adolescents (Female and

Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Residential, Day Treatment/Partial Hospitalization, Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama, Equine

Insurance: Yes

Medicare/Medicaid: No/No

NEW HAMPSHIRE

The Center for Eating Disorders Management, Inc.

360 Route 101, Ste. #10 Bedford, NH 03110 € 603-472-2846 www.cedm-inc.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/

Couples, Medical Insurance: Yes

Medicare/Medicaid: Yes/Yes

Cambridge Eating Disorders Center of New Hampshire

105 Loudon Road, Building 2 Concord, NH 03301 ■ 888-900-2332 www.eatingdisordercenter.org

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children 12+ (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors

Levels of Care: Day Treatment/Partial

(Female and Male)

Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury, Personality Disorders Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/Couples, Movement, Psychodrama, Yoga, Reiki, Reconnective Healing

Insurance: Yes

Medicare/Medicaid: No/Yes

NEW JERSEY

GenPsych Eating Disorder Program

981 Route 22 W Bridgewater, NJ 08807 ₱ 855-436-7792 www.genpsych.com

Treats: Anorexia, Bulimia, BED, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder, Muscle Dysmorphia

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-

Pharmacology, Art Therapy, Family/Couples, Medical

Insurance: Yes

Medicare/Medicaid: No/No

Eating Disorders Treatment Center (EDTC)

750 S Route 73, Ste. #104 Marlton, NJ 08053 8 856-810-0100 www.edtconline.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents 13+ (Female and Male), Adults 18-64 (Female and Male) Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/No

Renfrew Center of Southern New Jersey

15000 Midlantic Drive, Ste. #101 Mount Laurel, NJ 08054 № 800-736-3739 www.renfrewcenter.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female), Adults

(Female), Seniors (Female)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/

Couples Insurance: Yes

Medicare/Medicaid: No/No

The Alliance for Eating Disorders Awareness does not recommend or endorse any of the treatment centers listed in the guide.

University Medical Center of Princeton at Plainsboro - The **Center of Eating Disorders Care**

1 Plainsboro Road Plainsboro, NJ 08536 **609-853-7575** www.princetonhcs.org/eatingdisorders

Treats: Anorexia, Bulimia, OSFED,

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male)

Levels of Care: Inpatient, Day Treatment/Partial Hospitalization Co-Morbid Diagnosis: Anxiety, Trauma, Mood Disorders, Depression, OCD

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/ Couples, Medical

Insurance: Yes

Medicare/Medicaid: Yes/Yes

Renfrew Center of Northern New Jersey

174 Union Street Ridgewood, NJ 07450 **800-736-3739** www.renfrewcenter.com



Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female), Adults

(Female), Seniors (Female)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism.

Anxiety, Trauma, Abuse, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury Treatment Modalities: Individual.

Group, Nutritional, Art Therapy, Family/ Couples

Insurance: Yes

Medicare/Medicaid: No/No

NEW MEXICO

Eating Disorders Treatment Center, LLC

5203 Juan Tabo Blvd NE, Ste. #2A Albuquerque, NM 87111 **505-266-6121** www.eatingdisordersabg.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/Couples, Exercise, Movement, Psychodrama, Yoga, Sensorimotor

Insurance: Yes

Medicare/Medicaid: No/Yes

Eating Disorders Institute of New Mexico

2200 Grande Blvd SE, Ste. B Rio Rancho, NM 87124 **505-884-5700** www.eatingdisordersnm.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders Treatment Modalities: Individual. Group, Nutritional, Family/Couples

Insurance: Yes

Medicare/Medicaid: Yes/Yes

NEW YORK

Live Well - Albany Psychological Services for **Eating Disorders**

260 Washington Avenue Ext., Ste. #106 Albany, NY 12203 **518-218-1188** www.albanyhpa.com

Treats: Anorexia, Bulimia, BED, OSFED, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury, Personality Disorders Treatment Modalities: Individual, Group, Nutritional, Family/Couples

Insurance: Yes

Medicare/Medicaid: No/No

Sol Stone Center

1003 Walnut Street Elmira, NY 14901 **607-732-5646** www.unyed.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adults (Female and Male) Levels of Care: Day Treatment/Partial

Hospitalization

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Movement, Psychodrama, Massage Therapy, Yoga, Meditation, Mindfulness

Insurance: Yes

Medicare/Medicaid: Yes/Yes



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Healing Connection Inc.

Treats: Anorexia, Bulimia, BED, OSFED, Diabulimia, Orthorexia **Serves:** Children 12+ (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Movement, Yoga

Insurance: Yes

Medicare/Medicaid: No/Yes

ED-180

300 Garden City Plaza, Ste. #312 Garden City, NY 11530 ₱ 516-414-2545 www.ed-180.com

Treats: Anorexia, Bulimia, BED, OSFED, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise

Serves: Adolescents (Female), Adults (Female)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Movement, Psychodrama, Yoga, Meditation

Insurance: No

Medicare/Medicaid: No/No

Monte Nido New York at Irvington

Irvington, NY
10-457-9958
www.montenido.com

Treats: Anorexia, Bulimia, BED, OSFED, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female), Adults (Female), Seniors (Female)

Levels of Care: Residential

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury Treatment Modalities: Individual,

Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement

Insurance: Yes

Medicare/Medicaid: No/No

The Nutrition Clinic

208 E State Street Ithaca, NY 14850 © 607-732-5646 www.unyed.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents 16+ (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Medical, Psychodrama, Yoga, Expressive

Insurance: Yes

Medicare/Medicaid: Yes/Yes

FEED IOP- Eating Disorder Treatment Collaborative

366 N Broadway, Ste. PHW-1 Jericho, NY 11753 № 516-513-1284

www.eatingdisordertreatmentspecialists.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female and

Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/Couples, Exercise, Movement,

Psychodrama **Insurance:** Yes

Medicare/Medicaid: No/No

Four Winds Hospital

800 Cross River Road Katonah, NY 10536 ₱ 914-763-8151 www.fourwindshospital.com

Treats: Anorexia, Bulimia, BED, Body

Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Inpatient, Day Treatment/Partial Hospitalization Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Movement, Yoga

Insurance: Yes

Medicare/Medicaid: Yes/Yes

The Nutrition Clinic

407 Tulip Street Liverpool, NY 13088 **2** 607-732-5646 www.unved.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents 16+ (Female and Male), Adults (Female and Male),

Seniors (Female and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury,

Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Medical, Psychodrama, Yoga, Expressive

Insurance: Yes

Medicare/Medicaid: Yes/Yes

BALANCE Eating Disorder Treatment Center/Melainie Rogers Nutrition

112 W 27th Street, Ste. #700, 7th Floor New York, NY 10001 **212-645-6903** www.mrogersnutrition.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents 12+ (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury,

Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/ Couples, Movement, Psychodrama, Experiential/Exposure Therapy

Insurance: No

Medicare/Medicaid: No/No

Bright Heart Health, New York

New York, NY 10022 **844-884-4474** www.brighthearthealth.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder, Muscle Dvsmorphia

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/ Couples, Meal Supervision

Insurance: Yes

Medicare/Medicaid: No/No

Columbia Center for Eating **Disorders**

1051 Riverside Drive, Ste. #98 New York, NY 10032 **28** 646-774-8066 www.columbiaeatingdisorders.org

Treats: Anorexia, Bulimia Serves: Adolescents (Female and Male), Adults (Female and Male) Levels of Care: Inpatient Co-Morbid Diagnosis: Anxiety.

Depression

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family,

Exercise. Medical **Insurance:** Free

Medicare/Medicaid: Free/Free

Columbia University Eating **Disorders Program**

16 E 60th Street New York, NY 10022 **212-326-8441** www.columbiapsychiatry.org/ eatingdisorders/cedp

Treats: Anorexia, Bulimia, BED, OSFED, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial

Hospitalization

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury

Treatment Modalities: Group, Nutritional, Family/Couples, Medical

Insurance: Yes

Medicare/Medicaid: No/No

Columbus Park Collaborative

210 Central Park S New York, NY 10019 ® 646-414-1446 x102 www.columbusparkcollaborative.com

Treats: Anorexia, Bulimia, BED, OSFED, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury

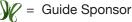
Treatment Modalities: Individual. Group, Nutritional, Family/Couples

Insurance: Yes

Medicare/Medicaid: No/No



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Eating Disorder Treatment of New York

111-117 W 72nd Street New York, NY 10023 **2** 310-457-9958 www.montenido.com/edtny

Treats: Anorexia, Bulimia, BED, OSFED, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement

Insurance: Yes

Medicare/Medicaid: No/No

Metro Behavioral Health Associates Eating Disorder **Treatment Centers**

19 W 34th Street, Ste. #1207 New York, NY 10001 **914-723-6242** www.mbhany.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female), Adults (Female), Seniors (Female)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Depression, OCD, Self-

Injury, Personality Disorders Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Movement

Insurance: No

Medicare/Medicaid: No/No

Renfrew Center of New York

38 E 32nd Street, 10th Floor New York, NY 10016 **800-736-3739**



www.renfrewcenter.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female), Adults

(Female). Seniors (Female)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/

Couples Insurance: Yes

Medicare/Medicaid: No/No

Metro Behavioral Health Associates Eating Disorder Treatment Centers

14 Harwood Court, Ste. #512 Scarsdale, NY 10583 **914-723-6242** www.mbhany.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female), Adults

(Female), Seniors (Female)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Depression, OCD, Self-Injury, Personality Disorders Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Movement

Insurance: No

Medicare/Medicaid: No/No

Centre Syracuse

3300 James Street, Ste. #200 Syracuse, NY 13206 **2** 315-671-2202 www.centresyracuse.com

Treats: Anorexia, Bulimia, BED,

OSFED. ARFID

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual. Group, Nutritional, Psycho-

Pharmacology, Art Therapy, Family/ Couples, Medical, Movement

Insurance: Yes

Medicare/Medicaid: No/Yes

The Nutrition Clinic

503 Plaza Drive Vestal, NY 13850 **607-732-5646** www.unyed.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body

Dysmorphic Disorder

Serves: Adolescents 16+ (Female and Male), Adults (Female and Male),

Seniors (Female and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Medical, Psychodrama, Yoga,

Expressive **Insurance:** Yes

Medicare/Medicaid: Yes/Yes

NORTH CAROLINA

Willow Place

30 Garfield Street, Ste. A Asheville, NC 28803 **828-254-3484** www.willowplaceforwomen.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adults (Female)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury,

Personality Disorders Treatment Modalities: Individual,

Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/No

Tapestry

11 N Country Club Road Brevard, NC 28712 **855-396-2604** www.tapestrync.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adults (Female) Levels of Care: Residential, Day

Treatment/Partial Hospitalization Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood

Disorders, Drug Addiction, Depression,

OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama, Equine

Insurance: Yes

Medicare/Medicaid: No/No

University of North Carolina Center of Excellence for **Eating Disorders**

101 Manning Drive Chapel Hill, NC 27514 **984-974-3834** www.unceatingdisorders.org

Treats: Anorexia, Bulimia, BED,

OSFED, ARFID

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Inpatient, Day Treatment/Partial Hospitalization Co-Morbid Diagnosis: Anxiety. Trauma, Abuse, Mood Disorders, Depression, OCD, Self-Injury Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/

Couples, Medical Insurance: Yes

Medicare/Medicaid: Yes/Yes

Renfrew Center of Charlotte

6633 Fairview Road Charlotte, NC 28210 **800-736-3739** www.renfrewcenter.com



Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female), Adults

(Female), Seniors (Female)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/

Insurance: Yes

Couples

Medicare/Medicaid: No/No

Carolina House

176 Lassiter Homestead Road Durham, NC 27713 **919-594-6690** www.carolinaeatingdisorders.com

Treats: Anorexia, Bulimia, BED, **OSFED**

Serves: Adolescents 17+ (Female and Male), Adults (Female and Male) Levels of Care: Residential (Female Only), Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD. Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Movement,

Sensorimotor Insurance: Yes

Medicare/Medicaid: No/No

Structure House

3017 Pickett Road Durham, NC 27705 **800-553-0052** www.structurehouse.com

Treats: BED. OSFED

Serves: Adults (Female and Male), Seniors (Female and Male) Levels of Care: Residential

Co-Morbid Diagnosis: Anxiety, Mood

Disorders, Depression

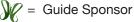
Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Exercise, Medical

Insurance: No

Medicare/Medicaid: No/No



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Veritas Collaborative, LLC

615 Douglas Street, Ste. #500 Durham, NC 27705 919-908-9740

www.veritascollaborative.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Body Dysmorphic Disorder

Serves: Children 10+ (Female and Male), Adolescents (Female and Male), Adults (Female and Male)

Levels of Care: Inpatient, Residential, Day Treatment/Partial Hospitalization, Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama, Animal Assisted Therapy Insurance: Yes

Medicare/Medicaid: No/No

TranscendED

134 W Matthews Street
Matthews, NC 28105
704-708-4605
www.transcendeatingdisorders.com

Treats: Anorexia, Bulimia, BED,
Orthorexia, Compulsive Overexercise
Serves: Children 11+ (Female),
Adolescents (Female), Adults (Female)
Levels of Care: Day Treatment/Partial
Hospitalization, Intensive Outpatient
Co-Morbid Diagnosis: Alcoholism,
Anxiety, Trauma, Abuse, Mood
Disorders, Drug Addiction, Depression,
OCD, Self-Injury, Personality Disorders
Treatment Modalities: Individual,
Group, Nutritional, PsychoPharmacology, Art Therapy, Family/
Couples, Exercise, Medical,
Movement, Psychodrama, Music, Yoga

Medicare/Medicaid: No/Yes

Insurance: Yes

NORTH DAKOTA

Sanford Eating Disorders & Weight Management Center

1720 University Drive S, P.O. Box #2010 Fargo, ND 58103

■ 800-437-4010 www.sanfordhealth.org

Treats: Anorexia, Bulimia, OSFED, ARFID, Diabulimia, Compulsive Overexercise

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)
Levels of Care: Inpatient, Day
Treatment/Partial Hospitalization
Co-Morbid Diagnosis: Alcoholism,
Anxiety, Trauma, Abuse, Mood
Disorders, Drug Addiction, Depression,
OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Family/Couples, Exercise, Medical

Insurance: Yes

Medicare/Medicaid: Yes/Yes

OHIO

New Beginnings Eating Disorders Center, LLC

3610 W Market Street, Ste. #102 Akron, OH 44333 330-666-5004 www.newbeginningscounseling.org

Treats: Anorexia, Bulimia, BED, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder **Serves:** Adolescents (Female and

Male), Adults (Female and Male), Seniors (Female and Male) **Levels of Care:** Intensive Outpatient

Co-Morbid Diagnosis: Anxiety,
Trauma, Abuse, Mood Disorders,
Depression, OCD, Self-Injury
Treatment Modalities: Individual,

Group, Nutritional, Art Therapy, Family/

Couples, Movement Insurance: Yes

Medicare/Medicaid: No/No

Emily Program - Cleveland (CCED)

25550 Chagrin Blvd, Ste. #200 Beachwood, OH 44122 216-765-0500 www.emilyprogram.com

Treats: Anorexia, Bulimia, BED, OSFED, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults

(Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/

Couples, Movement **Insurance:** Yes

Medicare/Medicaid: No/Yes

The Center For Balanced Living

Treats: Anorexia, Bulimia, BED, OSFED. ARFID

Serves: Adolescents 16+ (Female and Male), Adults (Female and Male)
Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient
Co-Morbid Diagnosis: Anxiety,
Trauma. Mood Disorders. Depression.

Trauma, Mood Disorders, Depressior OCD Treatment Modalities: Individual,

Group, Nutritional, Psycho-Pharmacology, Family/Couples, Movement

Insurance: Yes

Medicare/Medicaid: Yes/No

Lindner Center of HOPE Harold C. Schott Eating **Disorders Program**

4075 Old Western Row Road Mason, OH 45040 **513-536-4678** www.lindnercenterofhope.org

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Orthorexia, Compulsive Overexercise, Body

Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Inpatient, Residential, Day Treatment/Partial Hospitalization, Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism, Anxiety, Mood Disorders, Drug Addiction, Depression, OCD, Personality Disorders, PTSD, ADHD

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Movement, Yoga

Insurance: Yes

Medicare/Medicaid: Yes/No

River Centre Clinic

5465 Main Street Sylvania, OH 43560 **419-885-8800** www.river-centre.ora

Treats: Anorexia, Bulimia, BED,

OSFED, ARFID

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Residential (Adolescent), Day Treatment/Partial Hospitalization (Adult), Intensive Outpatient (BED Specific)

Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, OCD, Self-Injury,

Personality Disorders

Treatment Modalities: Individual. Group, Nutritional, Psycho-Pharmacology, Family/Couples, Medical. Yoga

Insurance: Yes

Medicare/Medicaid: No/Yes

OKLAHOMA

Laureate Eating Disorders Program

6655 S Yale Avenue Tulsa, OK 74136 **800-322-5173**



www.laureate.com/eatingdisorders

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female), Adults

(Female), Seniors (Female)

Levels of Care: Inpatient, Residential, Day Treatment/Partial Hospitalization, Transitional

Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, OCD

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Family/Couples, Exercise, Medical, Movement

Insurance: Yes

Medicare/Medicaid: No/No

OREGON

Monte Nido & Affiliates' Eating **Disorder Center of Eugene**

939 Willagillespie Road Eugene, OR 97401 **310-457-9958** www.montenido.com

Treats: Anorexia, Bulimia, BED, OSFED, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder Serves: Adolescents (Female and

Male), Adult (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient, **Transitional**

Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement

Insurance: Yes

Medicare/Medicaid: No/No

Kartini Clinic

3530 N Vancouver Avenue, Ste. #400 Portland, OR 97227 **503-249-8851** www.kartiniclinic.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults 18-22 (Female and Male)

Levels of Care: Inpatient, Day Treatment/Partial Hospitalization,

Intensive Outpatient

Treatment Modalities: Individual. Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Movement, Hypnotherapy, Yoga Insurance: Yes

Medicare/Medicaid: No/Yes

Monte Nido & Affiliates' Eating **Disorder Center of Portland**

5550 SW Macadam Street, Ste. #100 Portland, OR 97239 **310-457-9958** www.montenido.com

Treats: Anorexia, Bulimia, BED, OSFED, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement

Insurance: Yes

Medicare/Medicaid: No/No



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Rain Rock Treatment Center

1863 Pioneer Parkway E. Ste. #304 Springfield, OR 97477 **310-457-9958** www.rainrock.org

Treats: Anorexia, Bulimia, BED, OSFED, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder Serves: Adolescents (Female), Adults

(Female). Seniors (Female) Levels of Care: Residential, Transitional at TurnBerry House Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury Treatment Modalities: Individual,

Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement

Insurance: Yes

Medicare/Medicaid: No/No

PENNSYLVANIA

Eating Disorders Program at Brandywine Hospital

219 Reeceville Road Behavioral Health Pavilion Coatesville, PA 19320 **610-383-4950** www.brandywineeatingdisorders.com

Treats: Anorexia. Bulimia. BED. OSFED, ARFID, Diabulimia, Compulsive Overexercise, Body

Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Inpatient Co-Morbid Diagnosis: Anxiety,

Trauma, Abuse, Mood Disorders, Depression, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/Couples, Exercise, Medical, Movement, Music

Insurance: Yes

Medicare/Medicaid: Yes/Yes

Emily Program

Cranberry Crossroads Business Center. 2009 MacKenzie Way, Ste. #100 Cranberry Town, PA 16066 **888-364-5977** www.emilyprogram.com

Treats: Anorexia, Bulimia, BED, OSFED, Orthorexia, Compulsive Overexercise, Body Dysmorphic

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male) Levels of Care: Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Family/Couples

Insurance: No

Medicare/Medicaid: No/No

Penn State Hershey Eating **Disorders Program**

905 W Govenor Road, Ste. #200 Hershey, PA 17033 **2** 717-531-7235 www.pennstatehershey.org/web/ eatingdisorders/home

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Orthorexia

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male)

Levels of Care: Inpatient, Day Treatment/Partial Hospitalization, Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism, Anxiety, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Movement, Animal Assisted Therapy

Insurance: Yes

Medicare/Medicaid: Yes/Yes

Belmont Behavioral Hospital

4200 Monument Road Philadelphia, PA 19131 **800-220-4357** www.belmontbehavioral.com

Treats: Anorexia, Bulimia, BED, OSFFD

Serves: Adolescents 13+ (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Inpatient, Day Treatment/Partial Hospitalization Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression,

OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Family/Couples, Medical, Art Therapy, Music

Insurance: Yes

Medicare/Medicaid: Yes/Yes

Renfrew Center of **Philadelphia**

475 Spring Lane Philadelphia, PA 19128 **28** 800-736-3739 www.renfrewcenter.com



Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female), Adults (Female), Seniors (Female)

Levels of Care: Residential, Day Treatment/Partial Hospitalization Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury Treatment Modalities: Individual,

Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical,

Movement, Psychodrama Insurance: Yes

Medicare/Medicaid: No/No

Woodland Forge

4053 Tinker Hill Road Phoenixville, PA 19460 **2** 610-933-6475 www.woodlandforge.com

Treats: Anorexia, Bulimia, BED,

OSFED. ARFID

Serves: Children (Female and Male), Adolescents (Female and Male), Adults

(Female and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Anxiety, Mood Disorders, Depression, OCD Treatment Modalities: Individual, Nutritional, Family/Couples, Supervised Eating/Re-feeding

Sessions Insurance: No

Medicare/Medicaid: No/No

Center for Overcoming Problem Eating (COPE) of **UPMC**

3811 O'Hara Street Pittsburgh, PA 15213 **412-647-9329**

www.upmc.com/Services/behavioralhealth/cope-eating-disorders/Pages/ default.aspx

Treats: Anorexia, Bulimia, BED, **OSFED**

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Inpatient, Day Treatment/Partial Hospitalization,

Intensive Outpatient

Treatment Modalities: Individual. Group, Nutritional, Psycho-Pharmacology, Family/Couples, Medical

Insurance: Yes

Medicare/Medicaid: Yes/Yes

Renfrew Center of Radnor

320 King of Prussia Road, 2nd Floor Radnor, PA 19087 **800-736-3739**

www.renfrewcenter.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body

Dysmorphic Disorder

Serves: Adolescents (Female), Adults

(Female), Seniors (Female)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/ Couples

Insurance: Yes

Medicare/Medicaid: No/No

SOUTH CAROLINA

Riley Center for Eating Disorders, LLC

12 Mapletree Court Greenville, SC 29615 **864-271-0975** www.rileycares.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia Serves: Adolescents (Female and Male). Adults (Female and Male).

Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Anxiety, Mood Disorders, Depression, OCD, Self-Injury

Treatment Modalities: Group, Nutritional, Yoga, Meal Support

Insurance: Yes

Medicare/Medicaid: No/No

TENNESSEE

Fit Rx - Prescription for **Finding Inner Transformation**

620 Church Street E Brentwood, TN 37027 **919-817-4743** www.fitrxbrentwood.com



Treats: BED, OSFED

Serves: Adults (Female and Male),

Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Anxiety, Trauma, Mood Disorders, Depression,

Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Family/Couples, Exercise, Medical, Movement

Insurance: Yes

Medicare/Medicaid: No/No

Renfrew Center of Nashville

1624 Westgate Circle, Ste. #100 Brentwood, TN 37027 **800-736-3739** www.renfrewcenter.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body

Dysmorphic Disorder

Serves: Adolescents (Female), Adults

(Female), Seniors (Female)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury Treatment Modalities: Individual,

Group, Nutritional, Art Therapy, Family/ Couples

Insurance: Yes

Medicare/Medicaid: No/No



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Focus Center For Eating Disorders

7429 Shallowford Road Chattanooga, TN 37421 **2** 423-308-2560 www.focustreatmentcenters.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adults (Female). Seniors (Female)

Levels of Care: Residential, Day Treatment/Partial Hospitalization, Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury, Personality Disorders Treatment Modalities: Individual. Group, Nutritional, Psychoeducation, Psycho-Pharmacology, Art Therapy, Family, Exercise, Medical, Movement, Psychodrama, Equine

Insurance: Yes

Medicare/Medicaid: No/Yes

Solace, LLC

3097 Broad Street Chattanooga, TN 37408 **2** 423-752-5207 www.solaceclinic.com

Treats: Anorexia, Bulimia, BED, OSFED

Serves: Adolescents (Female and Male), Adults (Female and Male). Seniors (Female and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Anxiety,

Depression, OCD

Treatment Modalities: Group, Nutritional, Art Therapy, Movement,

Equine

Insurance: Yes

Medicare/Medicaid: No/Yes

Fairhaven Treatment Center

890 N Houston Levee Road Cordova, TN 38018 **901-757-7979** www.fairhaventc.com

Treats: Anorexia, Bulimia, BED, OSFED, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female), Adults (Female)

Levels of Care: Residential, Day Treatment/Partial Hospitalization, Intensive Outpatient, Transitional Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury,

Personality Disorders Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/

Couples, Medical, Movement, Psvchodrama

Insurance: Yes

Medicare/Medicaid: No/No

Focus Treatment Centers

2210 Sutherland Avenue, Ste. #115 Knoxville, TN 37919 **423-308-2561** www.focustreatmentcenters.com

Treats: Anorexia, Bulimia, BED. OSFED, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents 12+ (Female), Adults (Female), Seniors (Female) Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Anxiety, Mood

Disorders, Depression, OCD, Self-

Treatment Modalities: Individual, Group, Nutritional, Psychoeducation,

Family, Movement Insurance: Yes

Medicare/Medicaid: No/Yes

Rogers Behavioral Health -Nashville

4230 Harding Road, Ste. #707 Nashville, TN 37205 **844-615-3221** www.rogersbh.org

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body

Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults

(Female and Male)

Levels of Care: Day Treatment/Partial

Hospitalization

Co-Morbid Diagnosis: Anxiety, Trauma, Depression, OCD

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement

Insurance: Yes

Medicare/Medicaid: No/No

Scales Nutrition and Wellness Center

1010 4th Avenue N Nashville, TN 37219 **615-724-0865** www.scales-nutrition.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adults (Female)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual. Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Movement, Yoga

Insurance: Yes

Medicare/Medicaid: No/No

The Alliance for Eating Disorders Awareness does not recommend or endorse any of the treatment centers listed in the guide.

The Ranch

6107 Pinewood Road Nunnelly, TN 37137 **28** 800-849-5969 www.recoveryranch.com

Treats: Anorexia, Bulimia, BED, OSFED, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adults (Female) Levels of Care: Residential Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury,

Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama, Equine, Somatic, Music

Insurance: Yes

Medicare/Medicaid: No/No

TEXAS

Sante Center For Healing

914 Country Club Road Argyle, TX 76226 **940-464-7222** www.santecenter.com

Treats: Anorexia, Bulimia, BED, OSFED, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Residential, Intensive

Outpatient, Transitional

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Psychodrama,

Equine

Insurance: Yes

Medicare/Medicaid: No/No

Project Bliss

1012 N Davids Road Arlington, TX 76012 **817-584-5399** www.theblissproject.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient, Transitional

Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/ Couples, Movement, Psychodrama, Equine

Insurance: No

Medicare/Medicaid: No/No

McCallum Place Austin

4613 Bee Caves Road, Ste. #104 Austin, TX 78746 **877-755-2244** www.mccallumplace.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder, Muscle Dysmorphia

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood

Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury,

Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Family/Couples, Exercise, Medical, Movement, Psvchodrama

Insurance: Yes

Medicare/Medicaid: No/No

Bright Heart Health, Texas

Dallas, TX 75252 **844-884-4474** www.brighthearthealth.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder, Muscle Dvsmorphia

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/

Couples, Meal Supervision Insurance: Yes

Medicare/Medicaid: No/No

Eating Disorders Program at Texas Health Presbyterian Hospital Dallas

8200 Walnut Hill Lane Dallas, TX 75231 **682-236-6023** www.texashealth.org/eating-disorders

Treats: Anorexia, Bulimia, OSFED, **ARFID**

Serves: Adults (Female and Male), Seniors (Female and Male) Levels of Care: Inpatient, Day Treatment/Partial Hospitalization, Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism. Anxiety, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury, Personality Disorders Treatment Modalities: Individual. Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples

Insurance: Yes

Medicare/Medicaid: No/No



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Renfrew Center of Dallas

9400 N Central Expressway, Ste. #150 Dallas, TX 75231

800-736-3739

www.renfrewcenter.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female), Adults

(Female). Seniors (Female)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/

Couples Insurance: Yes

Medicare/Medicaid: No/No

Walker Wellness Clinic

12200 Preson Road Dallas, TX 75230 **877-899-7254** www.walkerwellness.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female and Male). Adults (Female and Male). Seniors (Female and Male)

Levels of Care: Residential, Day Treatment/Partial Hospitalization, Intensive Outpatient, Transitional

Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, OCD, Self-Injury Treatment Modalities: Individual,

Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical,

Movement, Psychodrama

Insurance: No

Medicare/Medicaid: No/No

Center for Discovery Houston

Houston, TX 77204 866-377-9962



www.centerfordiscoveryhouston.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia. Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/

Couples, Movement Insurance: Yes

Medicare/Medicaid: No/No

Eating Recovery Center of Houston

701 N Post Oak Road, Ste. #205 Houston, TX 77024 **2** 713-750-9607

www.erchouston.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Anxiety, Trauma, Mood Disorders, Depression,

Self-Injury, Personality Disorders Treatment Modalities: Individual, Group, Nutritional, Psycho-

Pharmacology, Family/Couples, Medical, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/No

The Menninger Clinic

12301 S Main Street Houston, TX 77035 **2713-275-5000** www.menningerclinic.com

Treats: Anorexia, Bulimia, OSFED Serves: Adolescents (Female and Male), Adults (Female and Male) Levels of Care: Inpatient, Transitional Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Equine

Insurance: Yes

Medicare/Medicaid: No/No

Center for Discovery Dallas

Plano, TX 75093

28 866-377-9962

www.centerfordiscovervdallas.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male) Levels of Care: Residential Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood

Disorders, Drug Addiction, Depression,

OCD, Self-Injury Treatment Modalities: Individual,

Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/No

Children's Medical Center Plano - Center for Pediatric **Eating Disorders**

7601 Preston Road, Ste. #P4300 Plano, TX 75024 214-456-8899 x1 www.childrens.com/eatingdisorders

Treats: Anorexia, Bulimia, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic

Disorder

Serves: Children (Female and Male), Adolescents (Female and Male) Levels of Care: Inpatient, Day Treatment/Partial Hospitalization,

Intensive Outpatient

Co-Morbid Diagnosis: Anxiety, Trauma, Abuse, Mood Disorders, Depression, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual. Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Music

Insurance: Yes

Medicare/Medicaid: No/Yes

Eating Recovery Center of Dallas

4716 Alliance Blvd, Ste. #400 Plano, TX 75093 **972-476-0800**

www.ercdallas.com

Treats: Anorexia, Bulimia, BED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise

Serves: Children 13+ (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors

(Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood

Disorders, Depression, OCD Treatment Modalities: Individual, Group, Nutritional, Family/Couples,

Medical

Insurance: Yes

Medicare/Medicaid: No/No

Eating Recovery Center of San Antonio

250 E Basse Road, Ste. #206 San Antonio, TX 78209 **210-826-7447**

www.ercsanantonio.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement Insurance: Yes

Medicare/Medicaid: No/No

Orem, UT 84057 **888-224-8250**

www.centerforchange.com

Center For Change

1790 N State Street

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body

Dysmorphic Disorder

Serves: Adolescents (Female), Adults

(Female), Seniors (Female)

Levels of Care: Inpatient, Residential, Day Treatment/Partial Hospitalization,

Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression,

OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/Yes

UTAH

Avalon Hills Eating Disorder **Program**

P.O. Box #3412 Logan, UT 84323 **800-330-0490** www.avalonhills.org

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents 11+ (Female),

Adults (Female)

Levels of Care: Residential Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical,

Movement, Equine Insurance: Yes

Medicare/Medicaid: No/No

VERMONT

Green Mountain at Fox Run

202 Fox Lane Ludlow, VT 05149 **800-448-8106** www.fitwoman.com

Treats: BED, Night Eating Syndrome

Serves: Adults (Female) Levels of Care: Residential, Transitional

Co-Morbid Diagnosis: Anxiety,

Depression

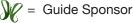
Treatment Modalities: Individual, Group, Nutritional, Family, Art Therapy, Mindful Eating, Animal Assisted Therapy

Insurance: No

Medicare/Medicaid: No/No



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VIRGINIA

Center for Discovery Virginia

Arlington, VA 22206 866-377-9962



www.centerfordiscoveryvirginia.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder Serves: Adults (Female) Levels of Care: Residential Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury

Treatment Modalities: Individual. Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/No

Bright Heart Health, Virginia

Fairfax, VA 22030 **2844-884-4474** www.brighthearthealth.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder, Muscle Dysmorphia

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female

and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual. Group, Nutritional, Art Therapy, Family/

Couples, Meal Supervision Insurance: Yes

Medicare/Medicaid: No/No

Center for Discovery Virginia

Fairfax, VA 22030 **866-377-9962**



www.centerfordiscoveryvirginia.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder Serves: Children (Female and Male),

Adolescents (Female and Male) Levels of Care: Residential Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression,

OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama Insurance: Yes

Medicare/Medicaid: No/No

Reflections Eating Disorders Center

2960 Sleepy Hollow Road Falls Church, VA 22044 **703-538-2886** www.dominionhospital.com/service/ reflections-eating-disorders

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia Serves: Adolescents 11+ (Female and Male), Adults (Female and Male) Levels of Care: Inpatient, Day Treatment/Partial Hospitalization Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Depression, OCD, Self-Injury, Personality Disorders Treatment Modalities: Individual, Group, Nutritional, Psycho-

Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement

Insurance: Yes

Medicare/Medicaid: No/No

Prosperity Eating Disorders and Wellness Center

1031 Sterling Road, Ste. #203 Herndon, VA 20170 **2703-466-5150** www.prosperityedwell.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male). Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury, Personality Disorders Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Psychodrama, Equine

Insurance: No

Medicare/Medicaid: No/No

WASHINGTON

Center for Discovery Bellevue

Bellevue, WA 98008 **866-377-9962**



www.centerfordiscoverybellevue.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adults (Female)

Levels of Care: Residential, Day Treatment/Partial Hospitalization Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/No

Center for Discovery Bellevue

Bellevue, WA 98008 **866-377-9962**



www.centerfordiscoverybellevue.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female

and Male)

Levels of Care: Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Art Therapy, Family/ Couples, Movement

Insurance: Yes

Medicare/Medicaid: No/No

Eating Recovery Center of Washington

1601 114th Avenue SE, Ste. #180 Bellevue, WA 98004 **425-451-1134** www.eatingrecoverycenterwa.com

Treats: Anorexia, Bulimia, BED,

OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male) Levels of Care: Residential, Day

Treatment/Partial Hospitalization,

Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury, Personality Disorders Treatment Modalities: Individual,

Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Medical, Movement

Insurance: Yes

Medicare/Medicaid: No/No

Center for Discovery Edmonds

Edmonds, WA 98026 **866-377-9962**



www.centerfordiscoveryedmonds.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male) Levels of Care: Residential, Day Treatment/Partial Hospitalization Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD. Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement, Psychodrama

Insurance: Yes

Medicare/Medicaid: No/No

The Center

547 Dayton Street Edmonds, WA 98020 **888-771-5166** www.aplaceofhope.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents 17+ (Female and Male), Adults (Female and Male),

Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism,

Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/

Couples, Exercise, Medical, Movement

Insurance: Yes

Medicare/Medicaid: No/No

Emily Program

673 Woodland Square Loop SE, Ste. #330 Lacey, WA 98503 **888-364-5977** www.emilyprogram.com

Treats: Anorexia, Bulimia, BED, OSFED, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Family/Couples

Insurance: Yes

Medicare/Medicaid: No/No

Pacific North Recovery Center

888 Hillhurst Road Ridgefield, WA 98642 **877-938-0713** www.pacificnorthrecovery.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder, Muscle Dysmorphia

Serves: Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Inpatient, Residential, Day Treatment/Partial Hospitalization,

Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury, Personality Disorders Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/

Couples, Exercise, Medical, Movement, Psychodrama, Equine

Insurance: Yes

Medicare/Medicaid: No/No



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Emily Program

1700 Westlake Avenue N, Ste. #700 Seattle, WA 98109

206-283-2220

www.emilyprogram.com

Treats: Anorexia, Bulimia, BED, OSFED, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury, Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Family/Couples

Insurance: Yes

Medicare/Medicaid: Yes/No

Opal: Food and Body Wisdom

1100 NE 45th Street, Ste. #600 Seattle, WA 98105

206-926-9087

www.opalfoodandbody.com

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder, Muscle Dysmorphia

Serves: Adolescents (Female), Adults (Female)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury,

Personality Disorders

Treatment Modalities: Individual,
Group, Nutritional, PsychoPharmacology, Art Therapy, Family/

Couples, Exercise, Medical, Movement, Equine

Insurance: Yes

Medicare/Medicaid: No/No

Emily Program

2020 E 29th Avenue, Ste. #200 Spokane, WA 99203 ₱ 509-252-1366 www.emilyprogram.com

Treats: Anorexia, Bulimia, BED, OSFED, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adolescents (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Day Treatment/Partial Hospitalization, Intensive Outpatient Co-Morbid Diagnosis: Alcoholism, Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury,

Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Family/Couples

Insurance: Yes

Medicare/Medicaid: No/No

WISCONSIN

Walden Living

402 Genesee Street Delafield, WI 53018 262-443-7192 www.waldenliving.com

Treats: Anorexia, Bulimia, BED, OSFED, Diabulimia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Transitional **Co-Morbid Diagnosis:** Alcoholism, Anxiety, Mood Disorders, Depression, OCD

Treatment Modalities: Personal

Coaching Insurance: No

Medicare/Medicaid: No/No

Walden Living

411 W Main Street Madison, WI 53703 ₱ 262-443-7192 www.waldenliving.com

Treats: Anorexia, Bulimia, BED, OSFED, Diabulimia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Adults (Female and Male), Seniors (Female and Male) Levels of Care: Transitional

Co-Morbid Diagnosis: Alcoholism, Anxiety, Mood Disorders, Depression,

Treatment Modalities: Personal Coaching

Insurance: No

Medicare/Medicaid: No/No

Rogers Memorial Hospital

34700 Valley Road Oconomowoc, WI 53066 № 800-767-4411 www.rogershospital.org



Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Night Eating Syndrome, Diabulimia, Orthorexia, Compulsive Overexercise, Body Dysmorphic Disorder

Serves: Children (Female and Male), Adolescents (Female and Male), Adults

(Female and Male)

Levels of Care: Inpatient, Residential, Day Treatment/Partial Hospitalization Co-Morbid Diagnosis: Alcoholism, Anxiety, Mood Disorders, Drug Addiction, Depression, OCD, Self-Injury

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples, Exercise, Medical, Movement

Insurance: Yes

Medicare/Medicaid: Yes/Yes

Aurora Psychiatric Hospital

1220 Dewey Avenue Wauwatosa, WI 53213 **414-454-6779** www.aurora.org/ed

Treats: Anorexia, Bulimia, BED, OSFED, ARFID, Diabulimia, Orthorexia,

Compulsive Overexercise

Serves: Adolescents 16+ (Female and Male), Adults (Female and Male), Seniors (Female and Male)

Levels of Care: Inpatient, Day Treatment/Partial Hospitalization,

Intensive Outpatient

Co-Morbid Diagnosis: Alcoholism. Anxiety, Trauma, Abuse, Mood Disorders, Drug Addiction, Depression, Sexual Addiction, OCD, Self-Injury,

Personality Disorders

Treatment Modalities: Individual, Group, Nutritional, Psycho-Pharmacology, Art Therapy, Family/ Couples

Insurance: Yes

Medicare/Medicaid: Yes/Yes

The Alliance for Eating Disorders Awareness does not recommend or endorse any of the treatment centers listed in the guide.

For More Information

The Alliance maintains an extensive database of U.S. treatment programs that is updated regularly. For additional details, as well as the most current information available. please contact The Alliance at

(866)-662-1235.



Nine Truths about Eating Disorders

Truth #1: Many people with eating disorders look healthy, yet may be extremely ill.

Truth #2: Families are not to blame, and can be the patients' and providers' best allies in treatment.

Truth #3: An eating disorder diagnosis is a health crisis that disrupts personal and family functioning.

Truth #4: Eating disorders are not choices, but serious biologically influenced illnesses.

Truth #5: Eating disorders affect people of all genders, ages, races, ethnicities, body shapes and weights, sexual orientations, and socioeconomic statuses.

Truth #6: Eating disorders carry an increased risk for both suicide and medical complications.

Truth #7: Genes and environment play important roles in the development of eating disorders.

Truth #8: Genes alone do not predict who will develop eating disorders.

Truth #9: Full recovery from an eating disorder is possible. Early detection and intervention are important.

Produced in collaboration with Dr. Cynthia Bulik, PhD, FAED, who serves as distinguished Professor of Eating Disorders in the School of Medicine at the University of North Carolina at Chapel Hill, "Nine Truths" is based on Dr. Bulik's 2014 "9 Eating Disorders Myths Busted" talk at the National Institute of Mental Health.

Leading associations in the field of eating disorders also contributed their valuable input:

- Academy for Eating Disorders (AED)
- The Alliance for Eating Disorders Awareness (AEDA)
- National Association of Anorexia Nervosa and Associated Disorders (ANAD)
- Binge Eating Disorder Association (BEDA)
- Eating Disorders Coalition (EDC)
- Eating Disorder Parent Support (EDPS)
- Families Empowered and Supporting Treatment of Eating Disorders (FEAST)
- International Association of Eating Disorders Professionals (IAEDP)
- International Eating Disorder Action (IEDAction)
- Kantor & Kantor
- Multi-service Eating Disorder Association (MEDA)
- National Eating Disorders Association (NEDA)
- National Initiative for Eating Disorders (NIED)
- Project Heal
- Residential Eating Disorders Consortium (REDC)
- Trans Folx Fighting Eating Disorders (TFFED)

Center for Eating Disorders at Denver Health

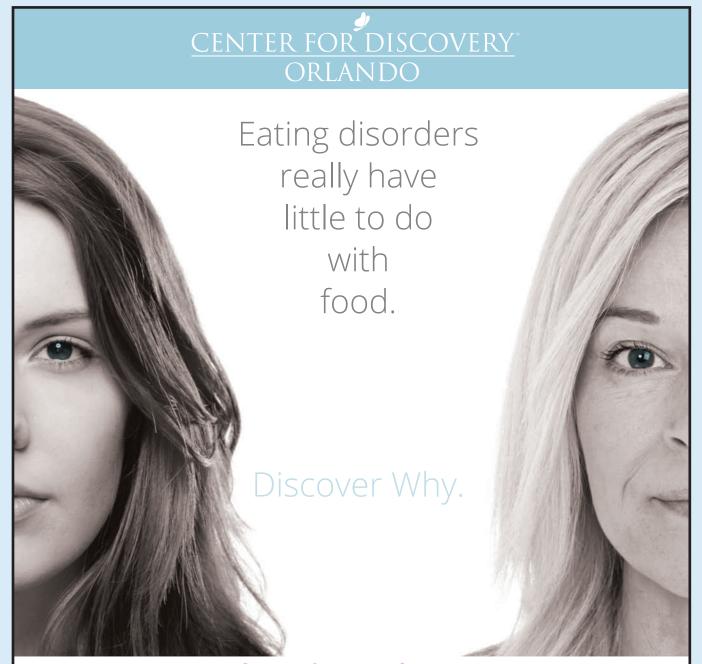
Medical Stabilization for Eating Disorders

ACUTE is the only specialized medical stabilization program in the country that is uniquely tailored to help both males and females that cannot seek care in a traditional treatment setting due to the severity of their weight loss or other medical complications.

- Expert multi-disciplinary team
- Brand new, dedicated medical unit
- Private, one-to-one treatment
- Daily dietary & therapeutic support
- Comprehensive discharge planning
- Covered by medical insurance benefit







INTERNATE RESTDENTIAL SETTINGS

We treat a maximum of eight clients at a time because individualized attention is critical when it comes to providing effective and efficient treatment.

RESEARCH AND OUTCOMES

Outcome studies show that Discovery clients continue to improve after discharge and readmission rates are significantly below the industry standard. 95% of clients and families say they would recommend Center For Discovery to a loved one.

Center For Discovery offers Joint Commission accredited and state licensed locations nationwide because we believe in bringing local treatment to clients and families.

www.CenterForDiscoveryOrlando.com | 1-855-324-4716



As a nationally acclaimed and trusted name in eating disorder treatment, McCallum Place offers intensive, quality, evidencebased treatment and on-site medical and psychiatric care.

What We Treat

- · Anorexia, Bulimia, Binge Eating
- Compulsive Exercise
- Comorbid Medical and Psychiatric Issues
- Disordered Eating & High Weight Patients
- Avoidant, Restrictive Food Intake

Who We Treat

- Males & Females
- Adults
- Preteens & Adolescents
- Elite Athletes

LEVELS OF CARE

RESIDENTIAL

PHP

TRANSITIONAL LIVING St. Louis



Kimberli McCallum MD, FAPA, CEDS, CEO/CMO



Free and Confidential Pre-Admission Assessment

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McCallumPlace.com



An exclusive eating disorder program for elite athletes





Nationally recognizéd medical and clinical care intimate residential setting



◆COMPREHENSIVE CONTINUUM OF CARE

We offer residential, partial hospitalization, transitional living, and intensive outpatient levels of care for women and adolescent girls struggling with anorexia, bulimia, binge eating disorder, and exercise addiction.

HIGHLY CUSTOMIZED TREATMENT PLANS

Every aspect of our treatment, from therapeutic goals to meal planning, family work, and aftercare planning, is tailored to meet the particular needs of each patient and her recovery.

♦THOROUGH MEDICAL AND PSYCHIATRIC MANAGEMENT

Our board-certified medical and psychiatric teams effectively treat the most complicated cases and specialize in the management of co-occurring disorders.

HIGH FREQUENCY INDIVIDUAL PSYCHOTHERAPY

The high frequency and intensity of individual sessions throughout each patient's stay allows them to fully explore the core issues driving the eating disorder.

♦ SERENE RECOVERY ENVIRONMENT AND A HIGH STAFF-TO-PATIENT RATIO

We are a clinically comprehensive center with the intimacy and warmth of a home. Each of our residential programs has a dedicated multidisciplinary team and a maximum of twelve patients. Our primary therapists work with an average of three patients at any one time.

DAILY SUPPORTED EXPOSURE THERAPY

We believe daily guided outings and exposures that help approximate real-life living and dining experiences are a key factor in relapse prevention.

♦ EXTENSIVE AFTERCARE PLANNING

We assess the biopsychosocial environment each patient will face upon her return home and develop an aftercare plan that addresses her ongoing needs.



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THE NATION'S FIRST RESIDENTIAL EATING DISORDER TREATMENT CENTER -

Celebrating 30 Years!



THE RENFREW CENTERS provide clinical excellence within a nurturing environment - empowering adolescent girls and women to change their lives. As the leader in the treatment and research of women's eating disorders since 1985, Renfrew has created a truly customized approach to recovery.

- More than 65,000 women of all ages treated
- Full continuum of care at locations around the country
- Specialized in the treatment of anorexia, bulimia and binge eating
- Programming for trauma, substance abuse, spiritual growth, adolescents and older women
- Training provided to more than 30,000 professionals
- Preferred provider for most health insurance and managed care companies

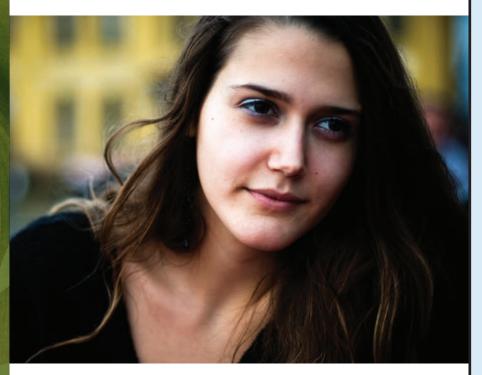


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1-800-RENFREW (1-800-736-3739) WWW.RENFREWCENTER.COM

Timberline Knolls is a residential treatment center located on 43 beautiful acres just outside Chicago, offering a nurturing environment of recovery for women ages 12 and older struggling to overcome eating disorders, substance abuse, mood disorders, trauma and co-occurring disorders. By serving with uncompromising care, relentless compassion and an unconditional joyful spirit, we help our residents help themselves in their recovery.

While there's life, there's hope.



Rooted in the principles of recovery and emphasizing spiritual growth, Timberline Knolls combines clinical services, education and expressive therapies to enhance the continuum of lifechanging care. Striving to provide the most effective and highest quality individually tailored treatment, Timberline Knolls gives its residents hope again.







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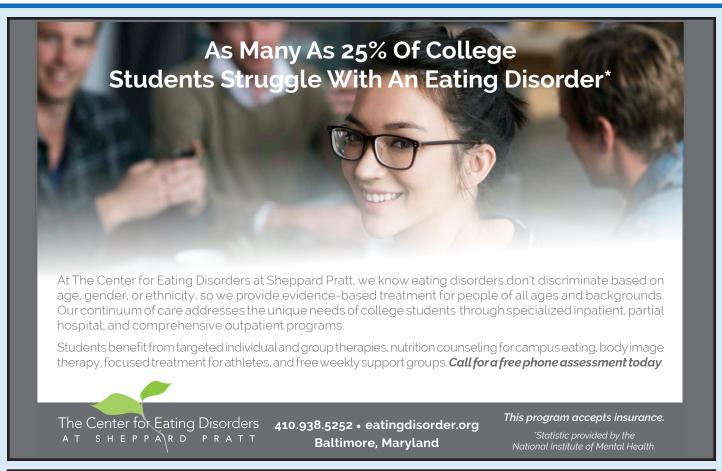




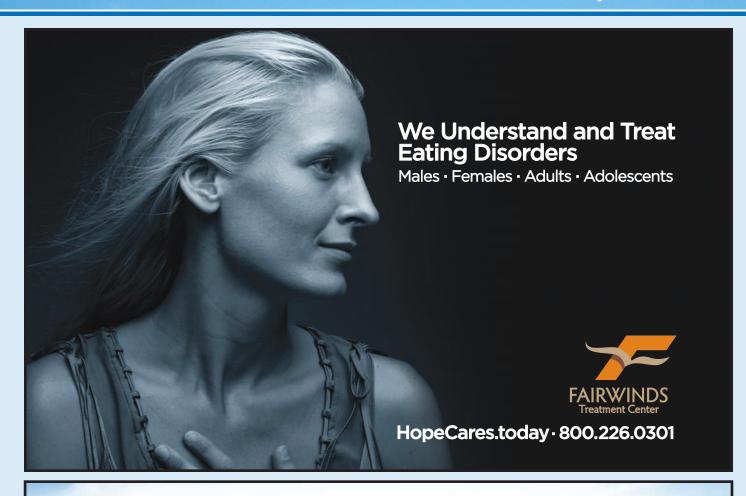
"There is No Substitute for Experience"

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- Residential Treatment
- Day & Evening Programs
- Independent Living Program
- Outpatient Therapy
- Aftercare Follow-up
- Accredited High School
- TRICARE® Certified
- Joint Commission Accredited









The Prescription for Finding Inner Transformation





FitRx is a lifestyle transformation treatment program that helps men and women recover from binge eating, emotional eating, night eating syndrome and compulsive overeating disorder. With professional support, therapy, education and motivation, we help individuals adopt physical, emotional and spiritual lifestyle patterns that, when put into practice, begin the process of complete transformation from the inside out.

Call Misty Ash at 919.817.4743 or learn more at FitRxBrentwood.com

Healing environment. Personal care.







The nationally recognized eating disorders program at Laureate Psychiatric Clinic and Hospital in Tulsa, Oklahoma, is designed to meet the needs of individuals with anorexia nervosa, bulimia and other eating-related difficulties.

- · Exclusively for women and girls, our personalized program meets the unique needs of each patient
- · Separate treatment programs for adults and adolescents
- Dedicated clinical team that follows patients through acute, residential and partial hospital care
- · Monthly family week provides support and education to family members
- · Affiliated with the Laureate Institute for Brain Research
- Nonprofit, behavioral health facility accredited by The Joint Commission



800-322-5173 www.laureate.com/eatingdisorders

Hope for young women suffering from anorexia, bulimia and co-occurring psychiatric conditions

- Compassionate clinical care for females ages 16 to 26
- · Expert treatment for co-occurring psychiatric conditions
- · Highly individualized treatment
- · Acute residential and partial hospital program





Boston, Mass www.mcleanhospital.org 617.855.3410



Do you or someone you love suffer from the addiction of an eating disorder?

Milestones can help.

Recovering from an eating disorder is difficult. It is important to seek out a treatment center that can help guide and support you. We have been helping people do this for over 16 years.

We treat an eating disorder as an addiction. We remove trigger foods from your food plan and teach you to shop and prepare your own meals, so you'll have the skills necessary to continue your recovery after you leave us.

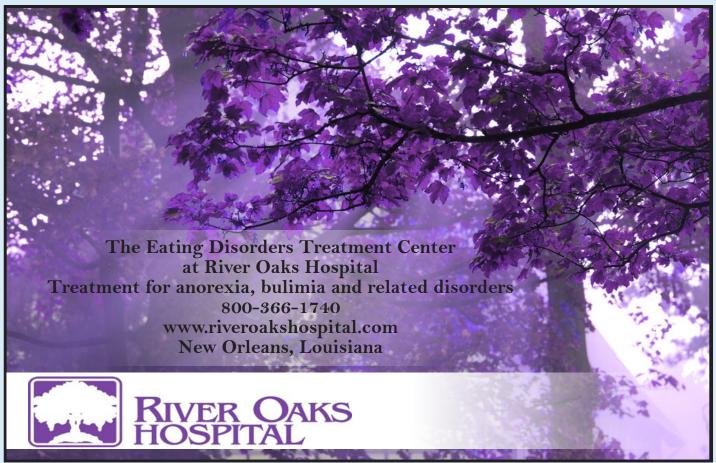
We treat adults and accept most insurance plans. We also offer a reduced, self-pay option for those with limited or no insurance. Visit us at: <u>www.milestonesprogram.org</u> or call us to learn how Milestones can help you get your life back.



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Psychiatric excellence and evidencebased treatment for children, teens and adults with anorexia, bulimia and other eating disorders.

- Separate programs for adult females, adult males and adolescents
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- Programming led by full-time psychiatrists
- Full continuum of care includes inpatient, residential and partial hospitalization

Learn more:

Visit rogerseatingdisorders.org Call 800-767-4411

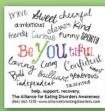


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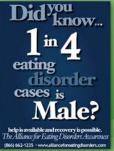
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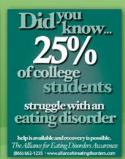




Lab Coat Cards







Posters

For more information and/or to order materials, call The Alliance at (866) 662-1235!

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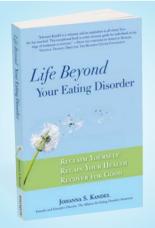
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Life Beyond Your Eating Disorder

Reclaim Yourself, Regain Your Health, Recover for Good

National speaker and advocate Johanna S. Kandel, founder of The Alliance for Eating Disorders Awareness, provides a wealth of actionable tools, prescriptive take-aways, and inspirational advice to help readers recover from their eating disorders, an illness that affects millions worldwide.

"Life Beyond is a must read for anyone, anywhere, along the journey of recovery from an eating disorder!" -Wendy Oliver-Pyatt, MD, FAED, CEDS, Executive Director, Oliver-Pyatt Centers

"If your life has been touched by an eating disorder in any way, you must read Life Beyond Your Eating Disorder." -Jenni Schaefer, Author of Life Without Ed and Goodbye Ed, Hello Me



Eating Recovery Program Before only knew how to diet and tauge_1 was taught how to feed myself physically, enactionally and applicitually."- Adrience / Chandler, AZ

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