

# February 2020 SESSION 2 (35.46 min.):

## What is BED, and the neurobiology of Eating Disorders

**SESSION 2 Date**  
**Begins Feb 1, 2020**

**Location:**

Online Series

<https://edteamsresources.org/>

**Intended audience:**

RNs, other healthcare licensed professionals /mental health professionals and providers

**Faculty:**

Therese S. Waterhous, PhD, RND,  
CEDRD

Scott E. Moseman, MD, CEDS

**Contact:**

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Amy's Gift: Quad

Cities Eating Disorder Consortium

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**Purpose:** to provide health care professionals with education to improve patient outcomes and quality of life.

**Objectives:**

At the completion of the program, the participant should be able to:

1. Identify the personality traits common to anorexia nervosa and how starvation affects these traits
2. Recall myths common to the diagnosis of Binge Eating Disorder
3. Restate the research about treatment of eating disorders from the neurobiological perspective

**You MUST complete ALL Sessions:**

January 2020 – Session 1

February 2020 - Session 2

March 2020 - Session 3

**In order to receive Contact Hours.**

Iowa Nurses 1.9 contact hour will be awarded at the conclusion of the program by UnityPoint Health – Trinity. Iowa Board of Nursing #305 Illinois Nurses may use the certificate of attendance from this program for their Illinois license. Illinois Respiratory Therapy: 1.9 continuing education hour will be awarded at the conclusion of the program by UnityPoint Health – Trinity. Illinois Social Work: 1.9 continuing education hour will be awarded at the conclusion of the program by UnityPoint Health – Trinity. Illinois Speech-Language Pathology: 1.9 continuing education hour will be awarded at the conclusion of the program by UnityPoint Health – Trinity. Illinois Occupation Therapy/Physical Therapy: 1.9 continuing education hour will be awarded at the conclusion of the program by UnityPoint Health – Trinity.